

Exploring the Development of Recuperative Care in Rural Communities

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2024
CALIFORNIA
Recuperative Care
SYMPOSIUM
SEPTEMBER 12-13 ★ SACRAMENTO

PRESENTED BY



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Welcome & Introductions

Meet Today's Presenters



Zackiya Grant-Knight
Program Officer
Center for Health Care Strategies



Meryl Schulman
Senior Program Officer
Center for Health Care Strategies



Shawn Smith
Chief Executive Officer
Symba Center

Center for Health Care Strategies

Dedicated to strengthening the U.S. health care system to ensure better, more equitable outcomes, particularly for people served by Medicaid.

Together with our partners, our work advances:



Effective models for prevention and care delivery that harness the field's best thinking and practices to meet critical needs.



Efficient solutions for policies and programs that extend the finite resources available to improve the delivery of vital services and ensure that payment is tied to value.



Equitable outcomes for people that improve the overall well-being of populations facing the greatest needs and health disparities.



Today's Sessions



HAPPENING NOW

**Exploring the Development of Recuperative Care
in Rural Communities**



**Symba Center Deep Dive: Partnerships for Recuperative
Care in a Health Provider Shortage Area**

Break



**Panel Discussion: Navigating the Unique Challenges
of Rural Recuperative Care**

Agenda

- Welcome and Introductions
- Project Overview and Objectives
- What Did We Learn?
 - Challenges to Developing and Sustaining Programs
 - Valued Strategies and Supports
 - Needs for Developing, Sustaining, and Spreading Programs
- Q&A



“Raise your hand if...”

- You live or work in a rural community
- You are a recuperative care provider
- You are a health care provider
- You represent a managed care plan
- You represent a community-based organization

Project Overview and Objectives

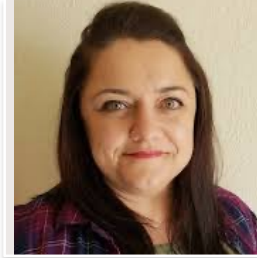
- With support from the California Health Care Foundation, we conducted a series of interviews to better understand:
 - The challenges to building, growing, and expanding recuperative care in rural areas;
 - The strategies that have been most helpful in supporting the growth and expansion of recuperative care in these communities; and
 - External supports needed to further recuperative care in rural counties in California.
- Conducted 10 individual interviews and three small-group discussions
 - Health/Hospital Systems
 - Managed Care Plans
 - Current and Future Recuperative Care Providers
 - County Health Departments

Meet the Project Advisors



Julia Dobbins

Director of Medical Respite
National Institute for Medical
Respite Care



Julia Gaines

Senior Medical Respite Manager, CA
National Institute for Medical Respite
Care



Lauran Hardin

Chief Integration Officer
HC2 Strategies



Pamela Mokler

Consultant
Pamela Mokler and Associates

What Did We Learn?

What Did We Learn?

1

**Challenges to
Developing and
Sustaining Programs**

2

**Valued Strategies
and Supports
to Date**

3

**Needs for
Developing,
Sustaining, and
Spreading Programs**

Understanding Rural Communities and Homelessness in Rural Areas



System of Care for Homeless Populations

Comprehensive Services Needed in the System of Care



Diversion



Street Outreach



Emergency
Shelters



Navigation
Centers



Sobering
Centers



Recuperative
Care



Transitional
Housing



Permanent
Supportive
Housing



Affordable
Housing

What community resources exist in these areas?
How many beds or how much capacity does the community have in each area?
What resources are needed?

Other organizations, programs and factors to consider in planning:

- HMIS
- CES*
- ID documents
- Legal
- Benefits
- SOAR*

What Did We Learn?

1

**Challenges to
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Sustaining Programs**

2

**Valued Strategies
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**Needs for
Developing,
Sustaining, and
Spreading Programs**

Audience Question

- What are some challenges you are experiencing related to recuperative care in rural communities?



1 Challenges to Developing and Sustaining Programs

Resources

- Limited real-estate/
NIMBYism
- Limited community
resources
- Lack of funding
- Limited workforce

Implementation

- No standard
definition
- Inefficient policies
- Lack of health care
and homeless
services continuum
- Everything is new

Collaboration

- Difficulty building
partnerships

What Did We Learn?

1

Challenges to
Developing and
Sustaining Programs

2

Valued Strategies
and Supports
to Date

3

Needs for
Developing,
Sustaining, and
Spreading Programs

2 Valued Strategies and Supports to Date

- Develop trusted partnerships with community stakeholders
- Know your audience (investors, partners, etc.)
- Find existing spaces to host programs
- Seek technical assistance and engage in learning opportunities
- Leverage creative strategies to solve for workforce shortages
- Employ staff with clinical knowledge
- Streamline the authorization process for recuperative care
- Braid dollars to support program sustainability



What Did We Learn?

1

Challenges to
Developing and
Sustaining Programs

2

Valued Strategies
and Supports
to Date

3

Needs for
Developing,
Sustaining, and
Spreading Programs

3 Needs for Developing, Sustaining, and Spreading Programs



STAFF DEVELOPMENT AND TRAINING

- Models and standards of care
- Administrative support – billing and compliance
- Harm reduction, motivational interviewing, de-escalation, etc.



CAPITAL INVESTMENTS AND SUPPORT WITH FINANCIAL MODELING

- Guidance on available funding opportunities and program sustainability
- Upfront funding
- Reimbursement rates



STAFF

- Recruiting and retaining qualified staff
- Administrative personnel



STAKEHOLDER ENGAGEMENT, ALIGNMENT, AND COORDINATION

- Neutral facilitators, integrators, and project managers
- Aligned vision and goals
- Clear roles and responsibilities



EDUCATION, GUIDANCE, AND RESOURCES FOR ESTABLISHING PROGRAMS

- Best practices for setting up a recuperative care program
- Guidance on contracting with Managed Care Plans
- Inventory list

Audience Question

- For those of you working in rural communities, what else would help support recuperative care?





Questions?

Stay tuned for the next sessions...



Symba Center Deep Dive: Partnerships for
Recuperative Care in a Health Provider Shortage Area



Panel Discussion: Navigating the Unique
Challenges of Rural Recuperative Care

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