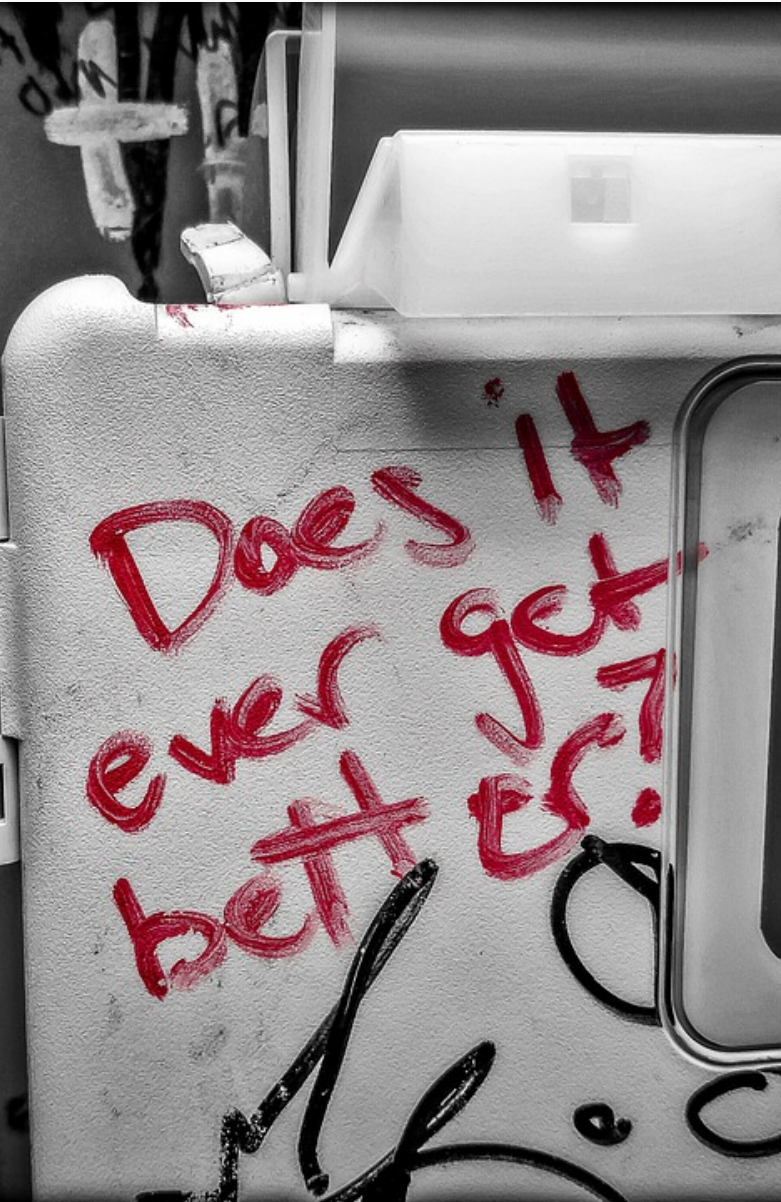




CENTERING LIVED EXPERIENCE AND HARM REDUCTION IN PRIMARY CARE FOR PEOPLE WITH OPIOID USE DISORDER

Robert Archuleta, Tamisha Davis, Noah Haugen, Meggie Woods MD

National Healthcare for the Homeless Conference 2024



Objective 1:

Discuss the components of a harm reduction framework in a low barrier primary care setting for people experiencing homelessness



Objective 2:

Describe the impact of Recovery Support Counselors embedded in a primary care clinic on reducing stigma for patients



Objective 3:

Generate new ideas for deepening your own harm reduction practice



TRUST CLINIC

Downtown Oakland, CA

Primary care clinic for people experiencing homelessness

Est. in 2015

LOW BARRIER PRIMARY CARE FOR PEOPLE EXPERIENCING HOMELESSNESS

Drop-In Appointments

Initiate primary care, wound care, MAT, HIV/STI testing and treatment

Basic Needs

Food bags, clothes, hygiene supplies, mailing address, hot drinks/ oatmeal, water

Street Medicine

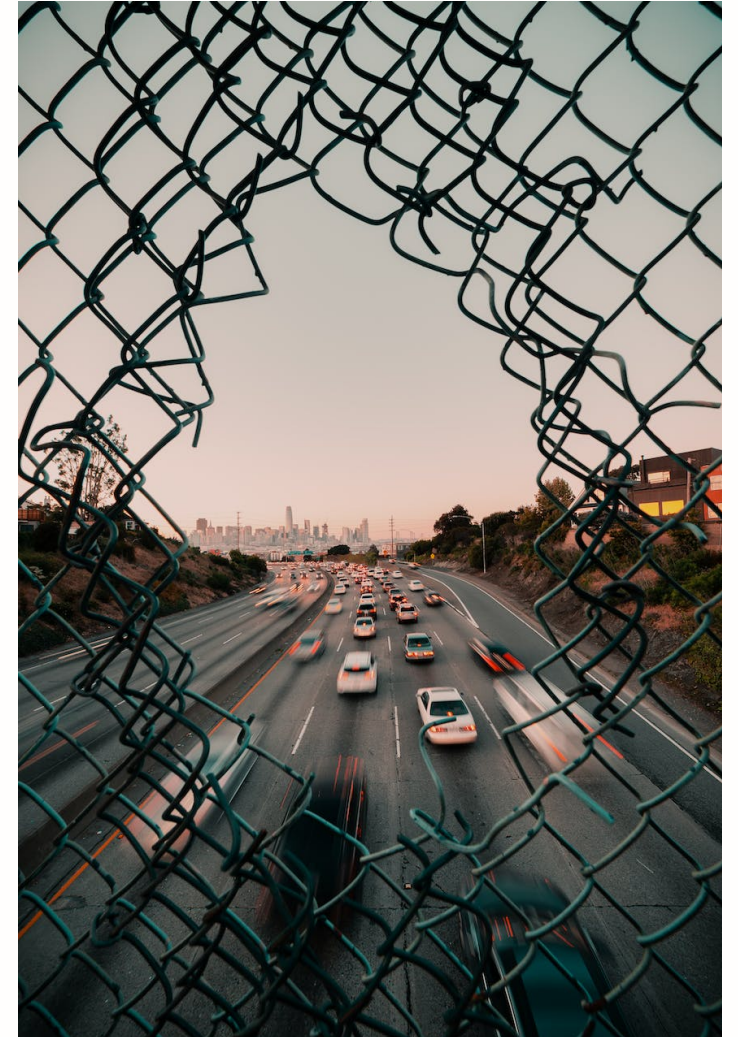
6 geographic nurse led teams outreach and connect to brick and mortar clinic

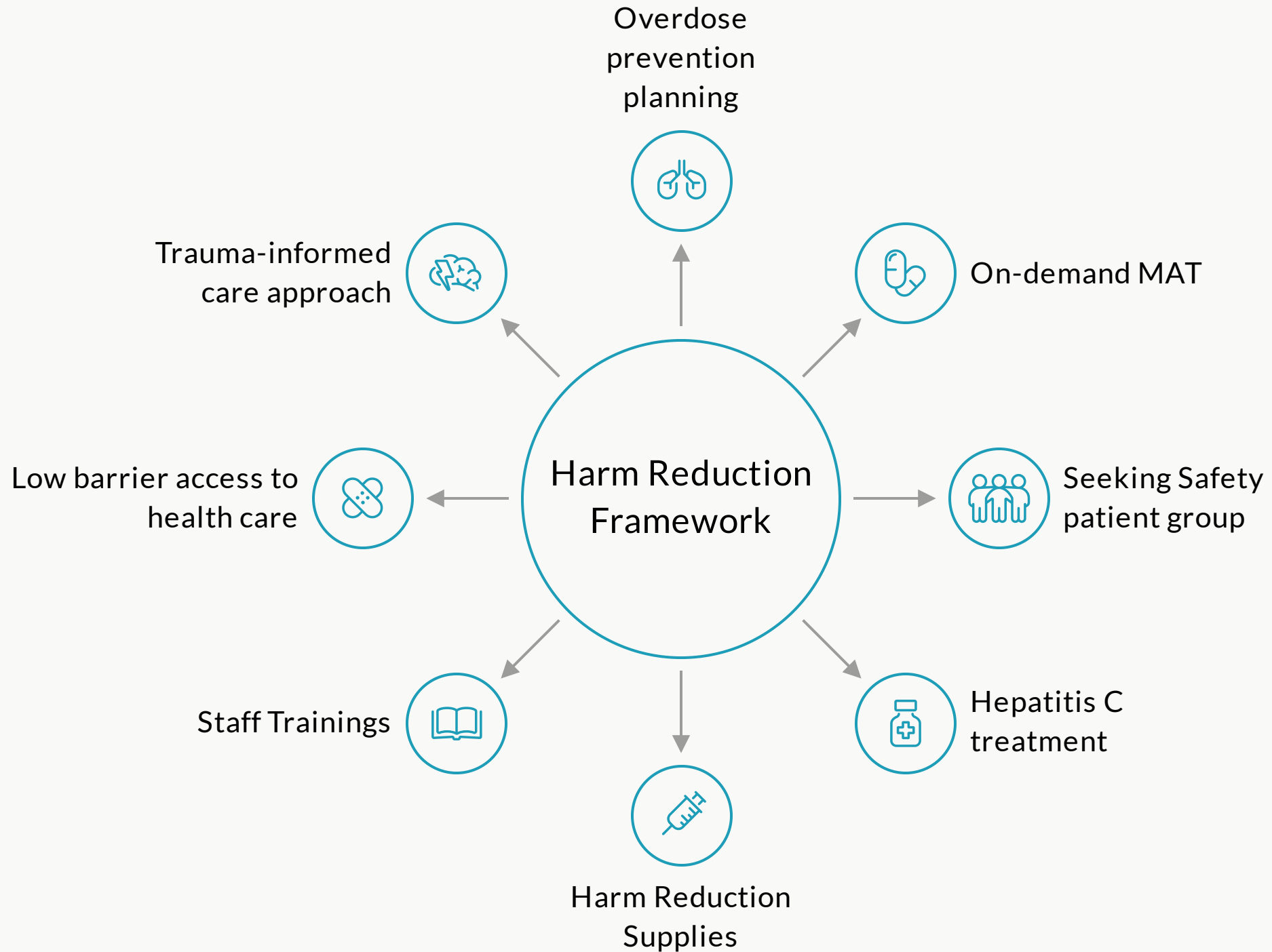
Case Management

support with transportation, referrals, insurance enrollment and troubleshooting, pharmacy issues, collaborate with external service teams, inpatient teams

Integrated Behavioral Health

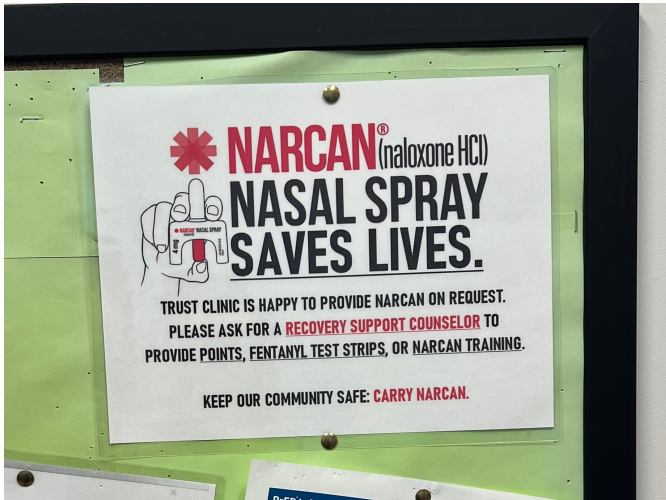
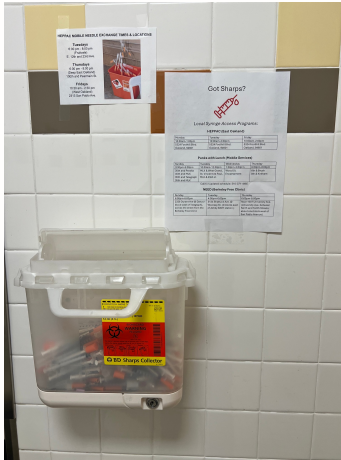
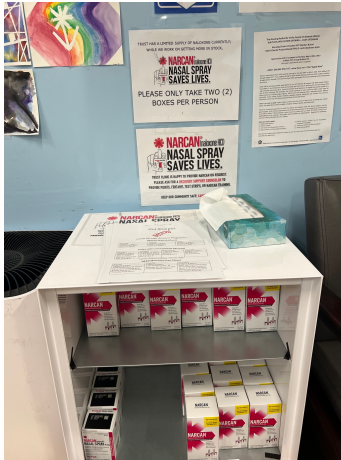
Therapy and psychiatry on site, drop in and scheduled appointments





PHYSICAL SPACE

Examples of overdose education and accessibility of naloxone





TRUST clinic patients with Opioid Use Disorder (OUD)

30%

Patients with OUD who ALSO have Methamphetamine Use Disorder

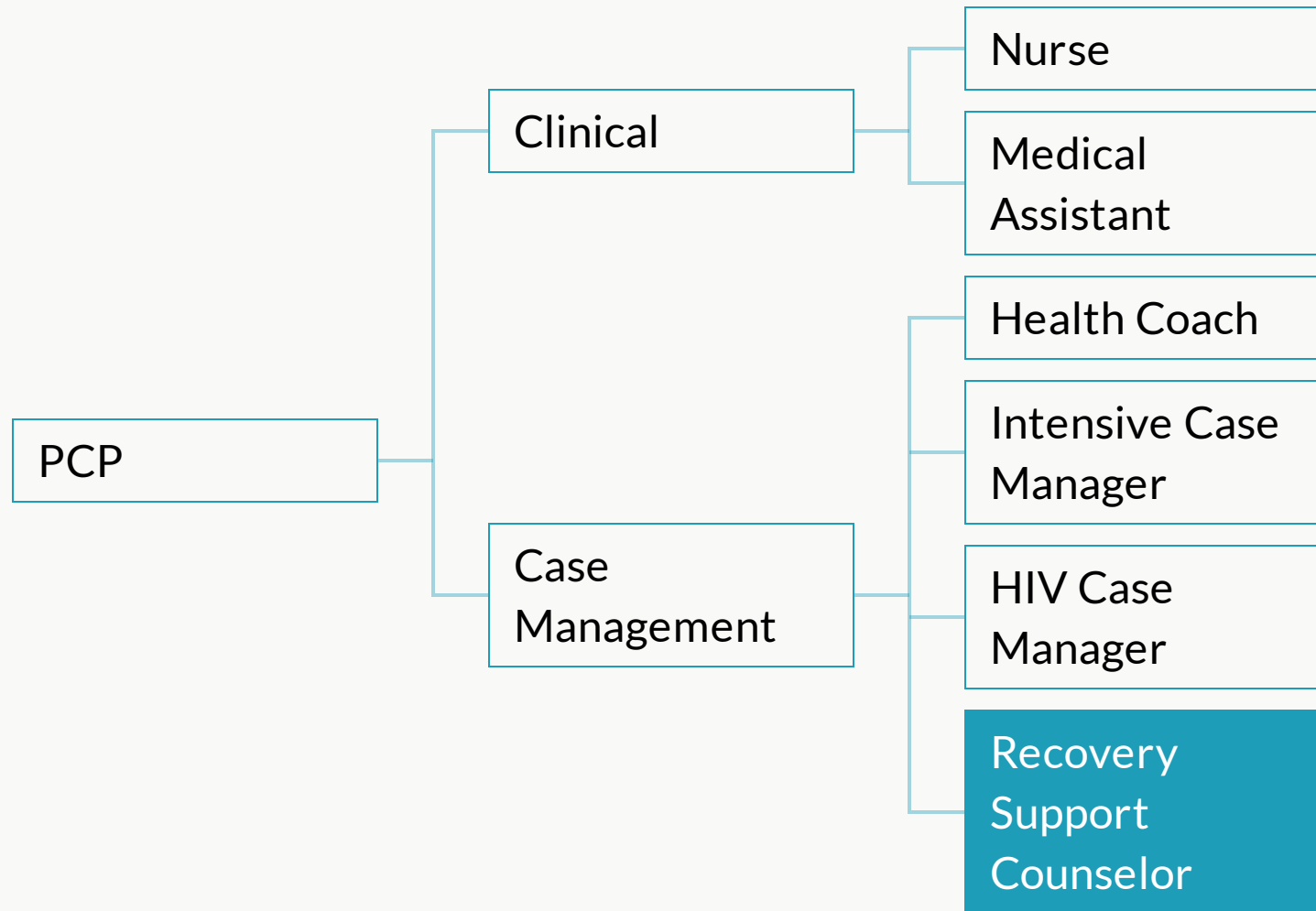
41%

RECOVERY SUPPORT COUNSELOR (RSC) PROGRAM OVERVIEW



- Funding: 5 year SAMHSA grant
- Launched at the end 2021
- 3 Recovery Support Counselors (RSCs) are paired with 4 Primary Care Physicians

TEAM-BASED CARE



MEET THE RECOVERY SUPPORT COUNSELORS

Our team brings lived experience into the exam room



Noah Haugen, RADT

(he/they)



Robert Archuleta, CADC, NCAC1,
CAMS1, SAP

(he/him)



Tamisha Davis, RADT

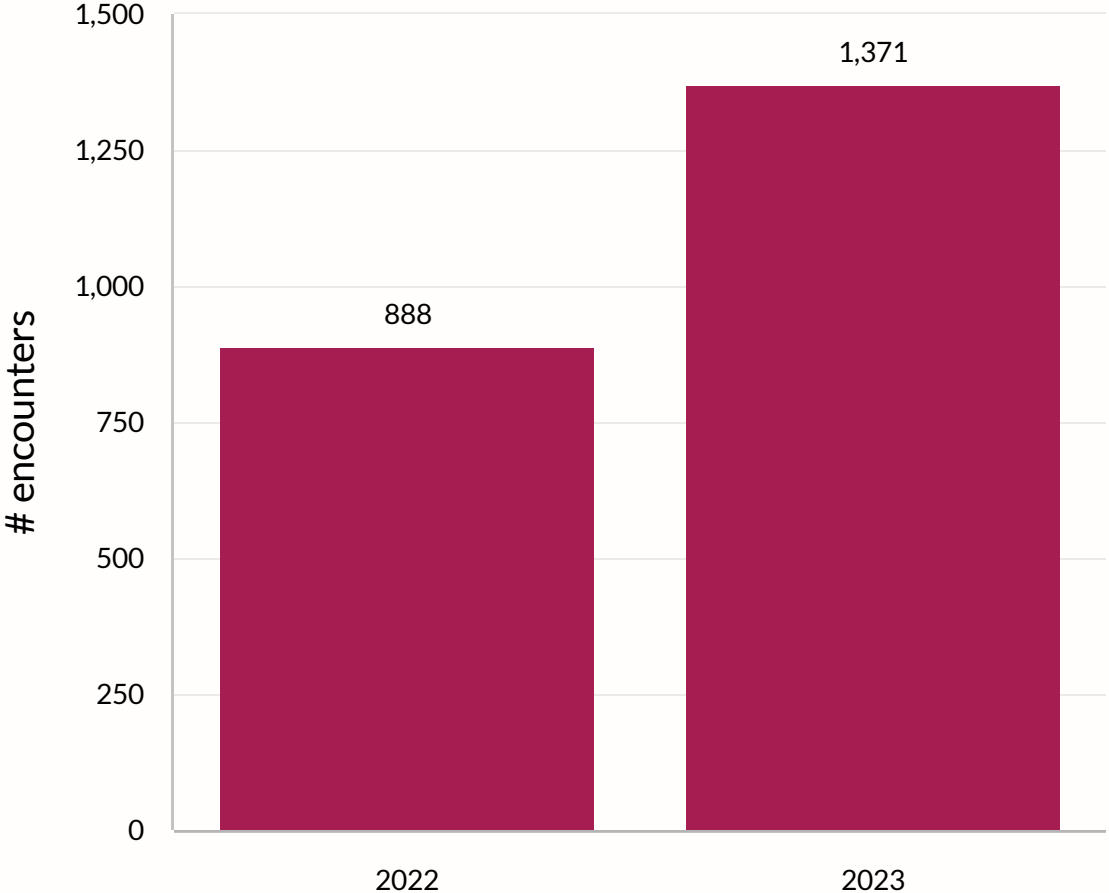
(she/her)

PROGRAM STRUCTURE

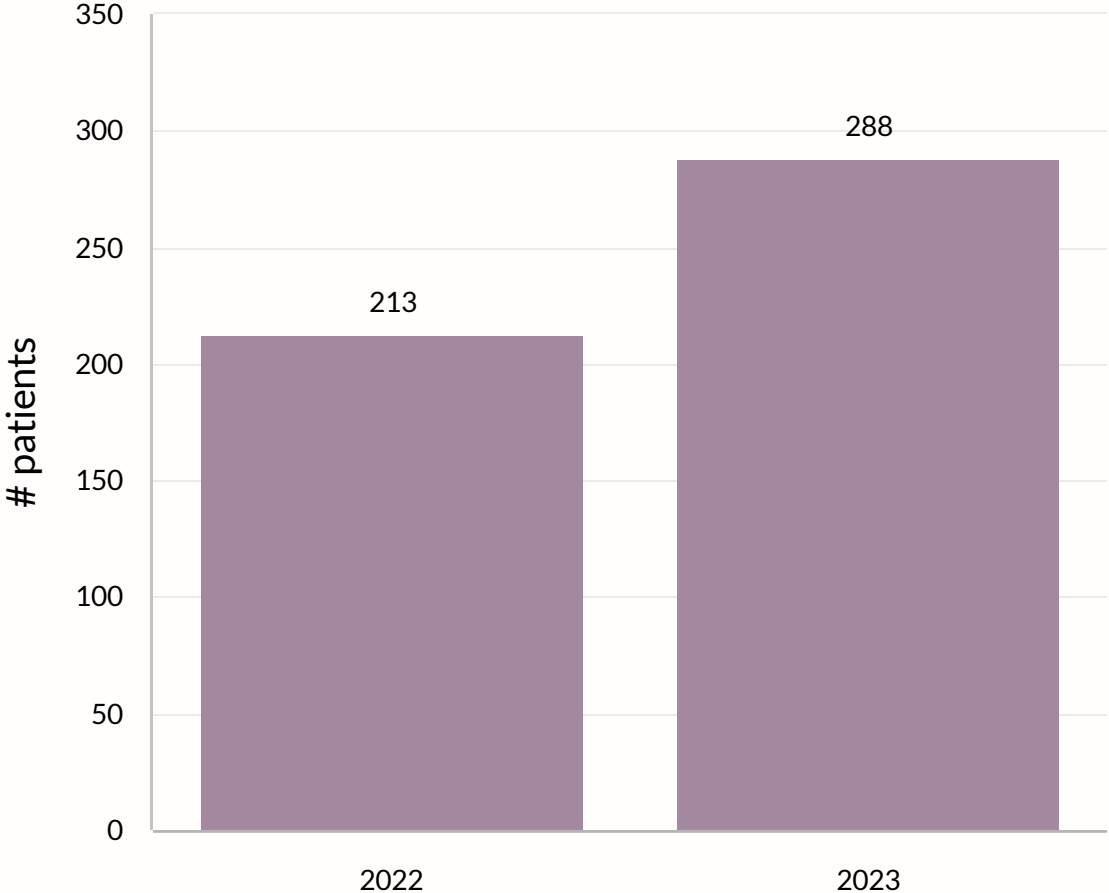
- **Caseload 55+ patients with OUD per RSC**
patients who are interested in MAT or who have a prescription for MAT in the last three months
- **Onsite daily for walk-in support, and new or establishing patients**
 - enhanced case management
 - substance use counseling
 - health education
 - access to harm reduction supplies
- **For patients with other SUDs: patient education, harm reduction services, and support as available**

ANNUAL RSC ENCOUNTERS

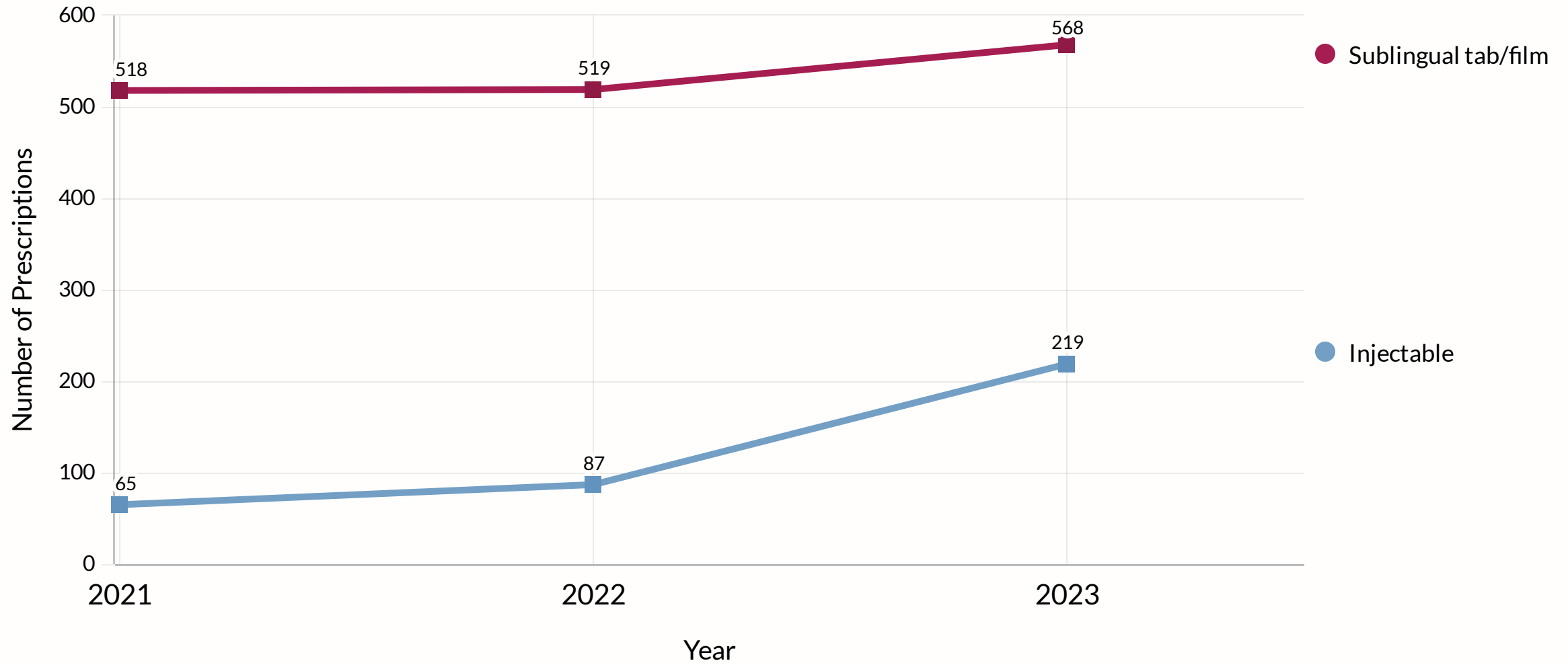
Patient Encounters



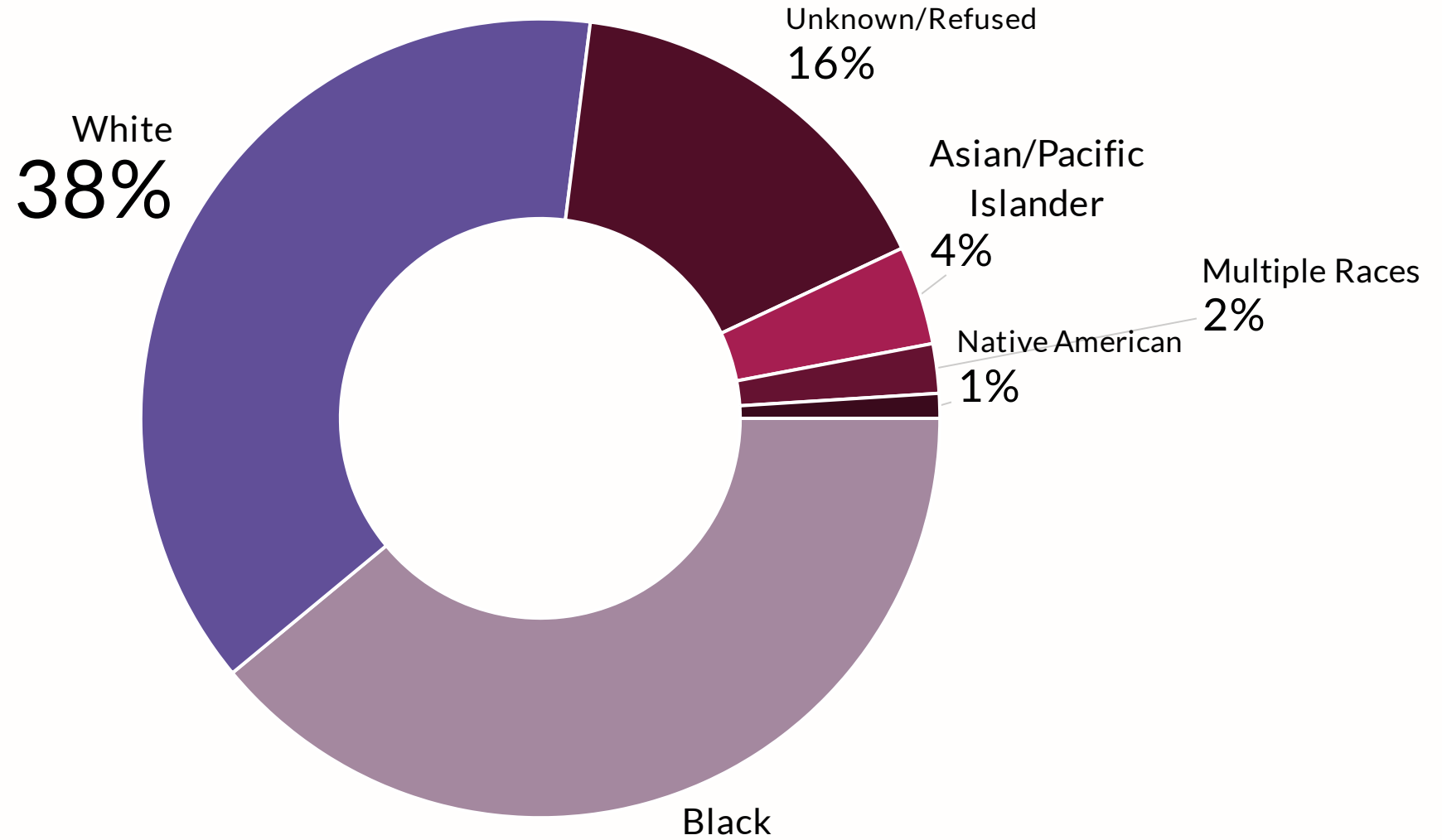
Unique Patients Served



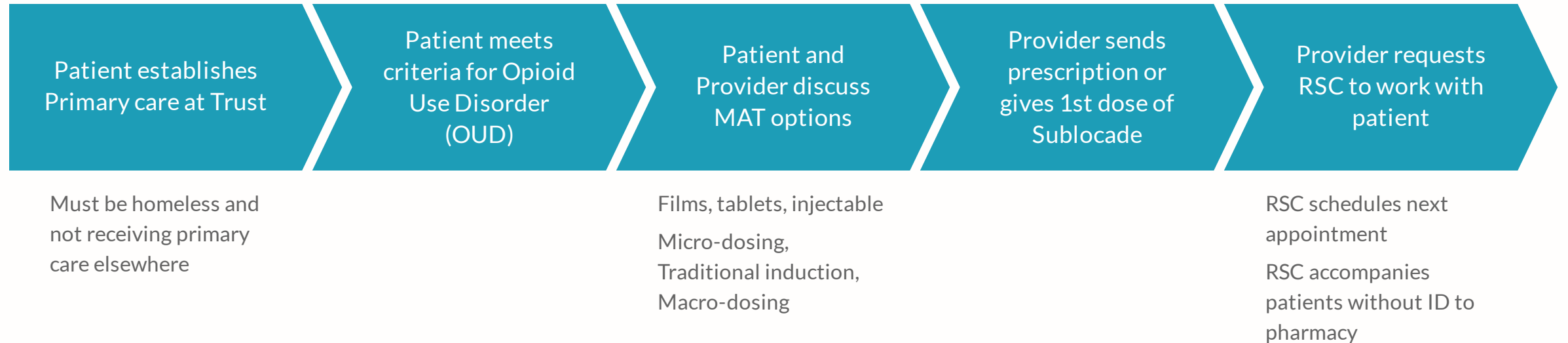
BUPRENORPHINE PRESCRIPTIONS BY YEAR

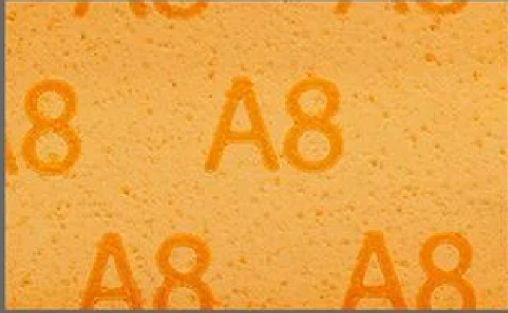


PATIENT DEMOGRAPHICS: RACE



ON DEMAND MEDICATION ASSISTED TREATMENT

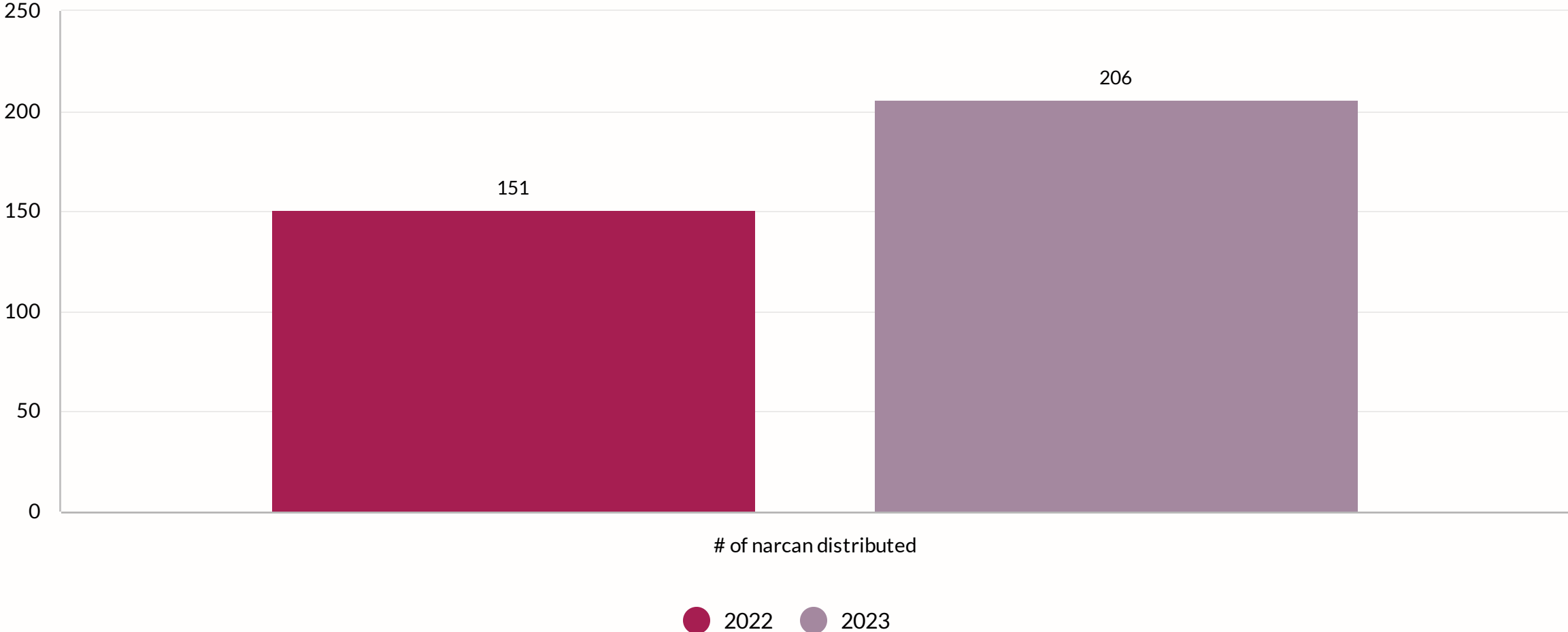




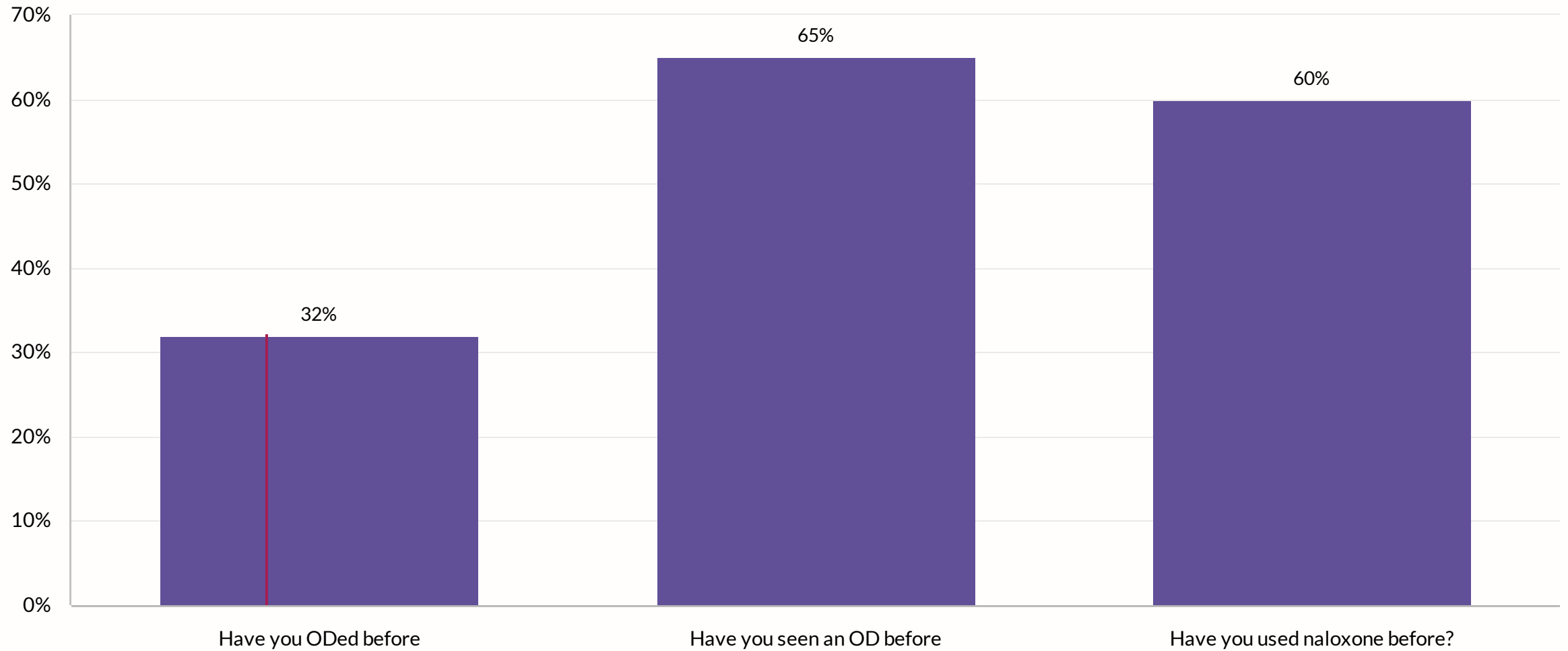
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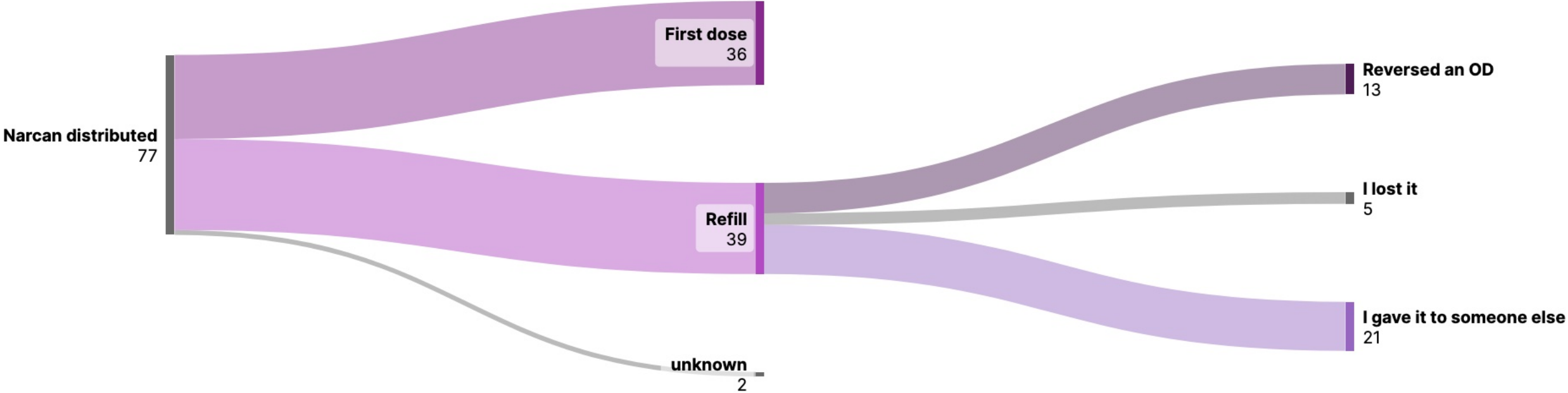
NARCAN KITS DISTRIBUTED AT TRUST



NALOXONE RECEPIENT DATA



NALOXONE OUTCOMES



CHANGE IN OPIOID USE AFTER PROGRAM ENROLLMENT

Patients using full-agonist opioids on intake

64%

Patients using full-agonist opioids at reassessment

47%



ROLE PLAY

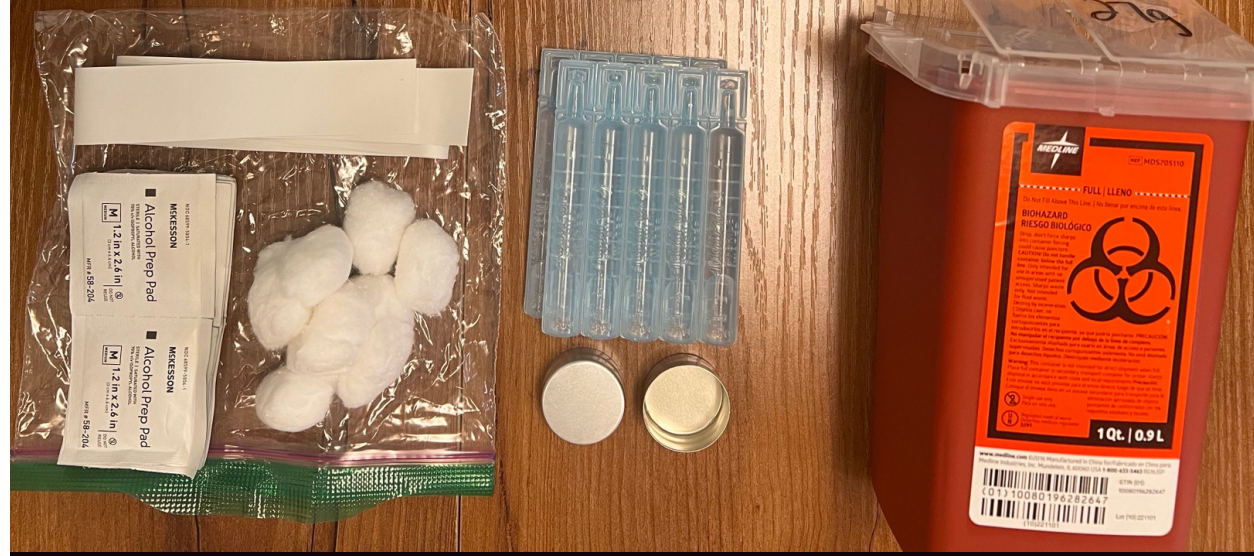
RECOVERY SUPPORT COUNSELOR AND PATIENT
INTERACTION DURING A PRIMARY CARE VISIT



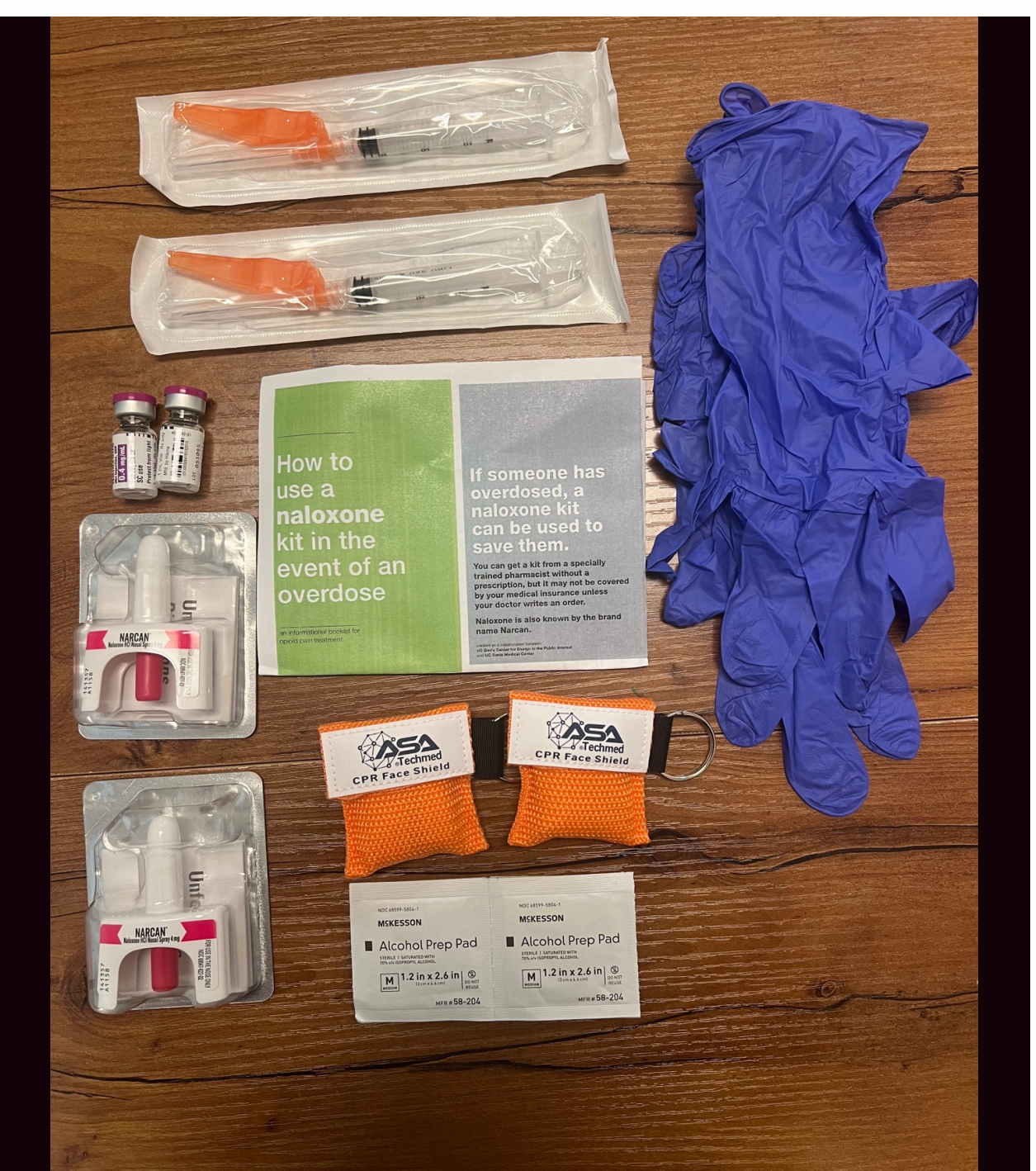
A collection of various metal wrenches scattered on a dark, textured background. The wrenches are of different sizes and orientations, some showing signs of use. The central text is in a bold, white, sans-serif font.

HARM REDUCTION SUPPLIES

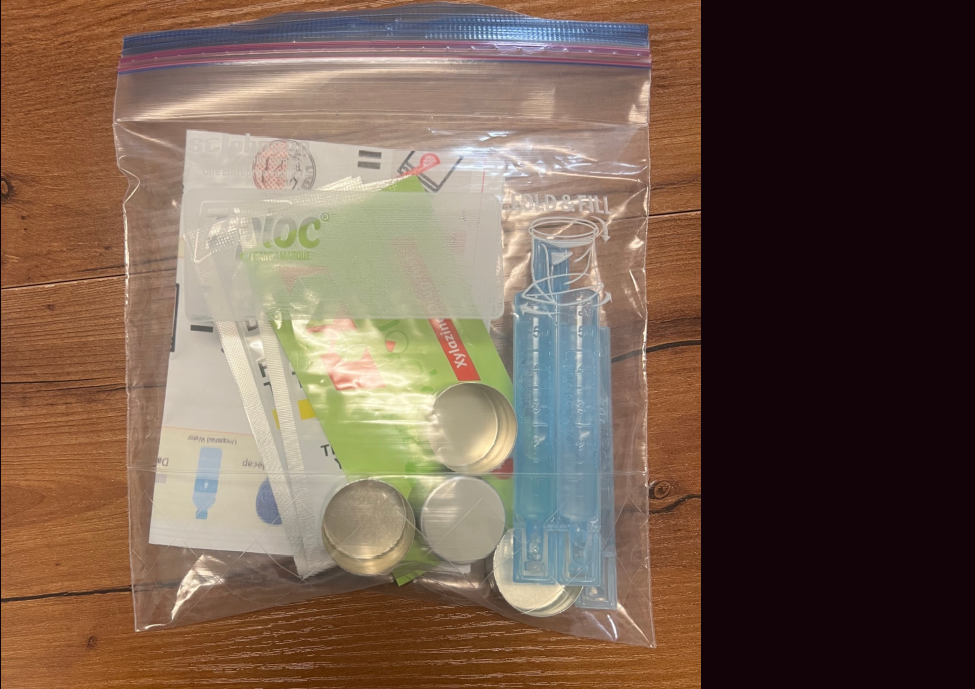
SAFE INJECTION KIT



NARCAN KIT



FENTANYL TEST STRIPS



WHAT YOU NEED

- Drugs
- Plastic bottlecap 1 tsp (5 ml)
- Unpiped Water
- DanceSafe fentanyl test strip

1 Crush and shake.

- 1
- 2

2 Measure and dilute.

- 1
- 2

3 Stir and test.

- 1
- 2
- 3

FENTANYL

NO FENTANYL

Rapid Response
1 Strip Xylazine Drug Test

DANCESAFE
FENTANYL TEST STRIP
ONE STRIP
TEST BEFORE YOU INGEST
DANCESAFE.ORG



Nicotine Replacement Kit



Hygiene Kit



Safe Smoking Kit

SMALL GROUP DISCUSSION



1 What does harm reduction mean to you?

2 What is one barrier you could remove to care?

3 What is one service you could start providing?

4 How could you incorporate harm reduction into your work?

HARM REDUCTION

NON-JUDGEMENTAL



A photograph of a street scene during the day. The sun is high in the sky, creating a bright, warm glow and casting long shadows. On the left, there is a brick wall and a tree. The sidewalk is paved with grey tiles. On the right, there are trees with pink blossoms, a street with a white car, and a building with a blue sign. A utility pole with yellow and black stripes is visible in the foreground on the right.

THANK YOU!

Nhaugen@lifelongmedical.org

Tdavis@lifelongmedical.org

Rarchuleta@lifelongmedical.org

Meghan.moya.woods@gmail.com