# Brett J. Feldman, MSPASC PA

Director, USC Street Medicine Associate Professor of Family Medicine Board ofDirectors, Street Medicine Institute











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# Street Medicine: Practical Application of Love and Solidarity

**Brett J. Feldman, MSPAS, PA-C** 

Director, Division of Street Medicine Keck School of Medicine of USC

Past- Vice Chair Street Medicine Institute

#### **USC** Street Medicine

#### **Street Medicine Founders**









## Gandhi provides the compass



"When in doubt call to mind the face of the poorest or weakest person you've ever seen. Ask yourself if that policy will be of any use to them."

# Defining Street Medicine

Street Medicine includes health and social services developed specifically to address the unique needs and circumstances of the unsheltered homeless delivered directly to them in their own environment.



#### Street Medicine Defined: APL 22-023

- **BACKGROUND AND DEFINITION:**
- Street medicine refers to a set of health and social services developed specifically to
- ✓ Provided to an unsheltered individual in their LIVED ENVIRONMENT
- ✓ Services provided at shelters, mobile units, RV or other sites with a fixed, specified location **DOES NOT** qualify as street medicine
- ✓ If the mobile unit/RV goes **TO** the encampment and parks to see an individual, this is street medicine

# CMS.gov

#### Centers for Medicare & Medicaid Services

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Outreach Site/ Street Anon-permanent location on the street or found environment, not described by any other POS code, where health professionals provide preventive, screening, diagnostic, and/or treatment services to unsheltered homeless individuals.

(Effective October 1, 2023)

https://urldefense.com/v3/\_\_https://www.cms.gov/medicare/coding/place-of-service-

codes/place\_of\_service\_code\_set\_\_;!!JkGBRS3n8cDS!hzlQQRPI EPD9\_K-gD-

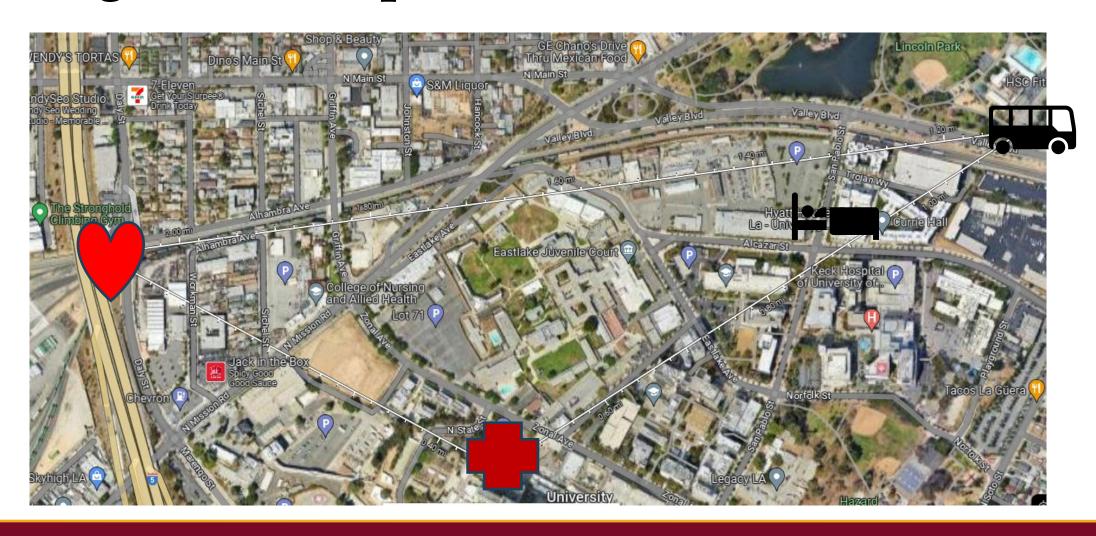
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### **Continuum of Medical Outreach**



Image from Street Medicine or Mobile Medical Unit? Considerations for Expanding Medical Outreach National Health Care for the Homeless Council (nhchc.org)

# Going to the People RADICALLY



# DeSales Free Clinic at the Allentown Rescue Mission











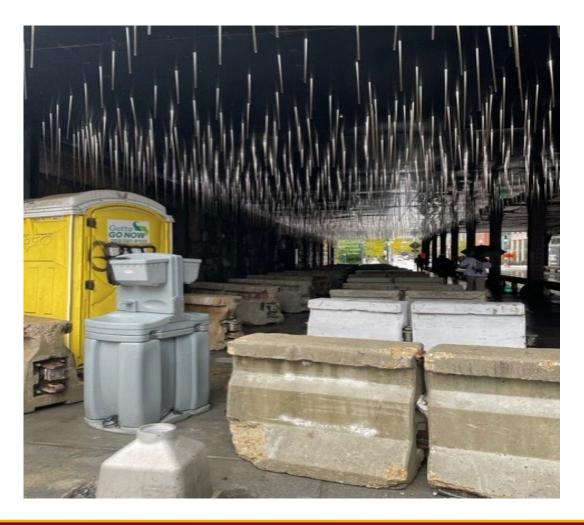




# Los Angeles, CA



# Washington, DC



#### Denver, CO



"This area is closed for mitigation of Public Health Hazards."



# Delhi, India





# Chihuahua, Mexico





# Bakersfield, CA



# Easton, PA

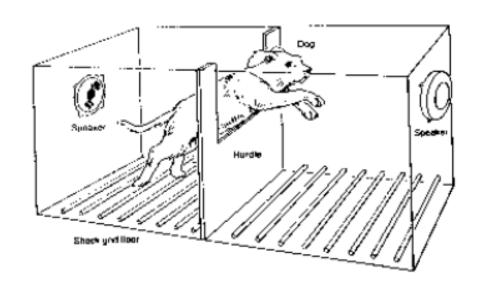


# Oakland, CA





# Learned Helplessness (Seligman, 1967)



- Repeated exposure to negative events which appear unavoidable
- If your behavior makes no difference, stop trying to escape even when escape is possible
- Stop trying to avoid repeated negative events

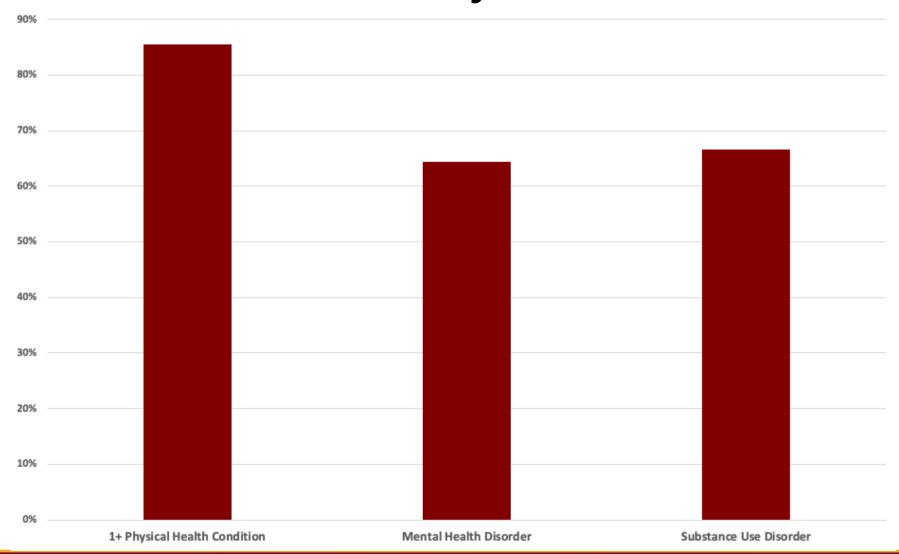
#### What we witness

Destitution= extreme poverty+ social isolation

Expulsion from society

- Deep rooted oppression
  - True representation mistrusted
  - Self-determination is mistrusted
- Dehumanization leading to spiritual homelessness

# **Prevalence of Morbidity**



# Discrimination in the Healthcare Setting

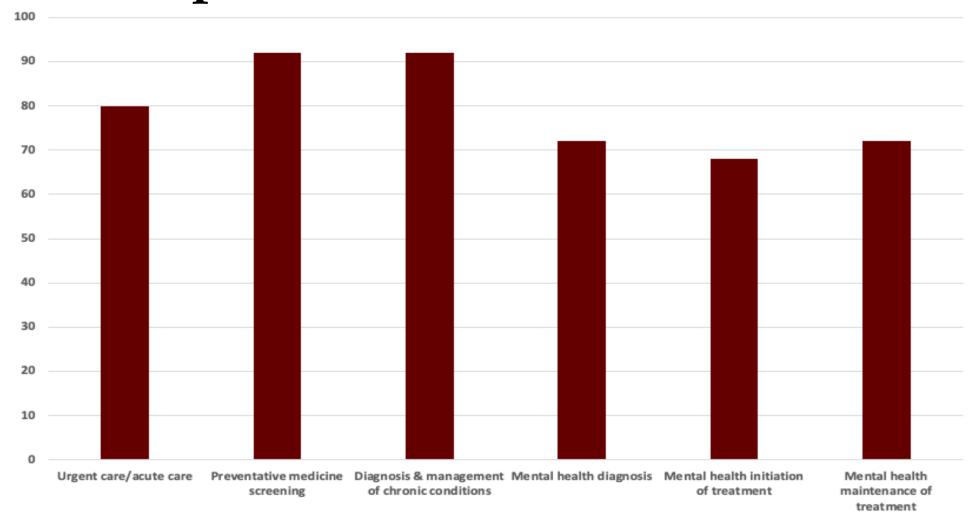
- Distrust in physicians and/or feel unwelcome in a healthcare setting
  - treated poorly or <u>discriminated against</u> in the past (1,2)
- "Significant disparities in in-hospital care and mortality between homeless and non-homeless adults with cardiovascular conditions." (3)
  - 1. Wen CK, Hudak PL, Hwang SW. Homeless people's perceptions of welcomeness and unwelcomeness in healthcare encounters. J Gen Intern Med. 2007 Jul;22(7):1011-7 2. Martins DC. Experiences of homeless people in the health care delivery system: a descriptive phenomenological study. Public Health Nurs. 2008 Sep-Oct;25(5):420-30 3. Wadhera RK, Khatana SAM, Choi E, et al. Disparities in Care and Mortality Among Homeless Adults Hospitalized for Cardiovascular Conditions. JAMA Intern Med. 2020;180(3):357–366. doi:10.1001/jamainternmed.2019.6010



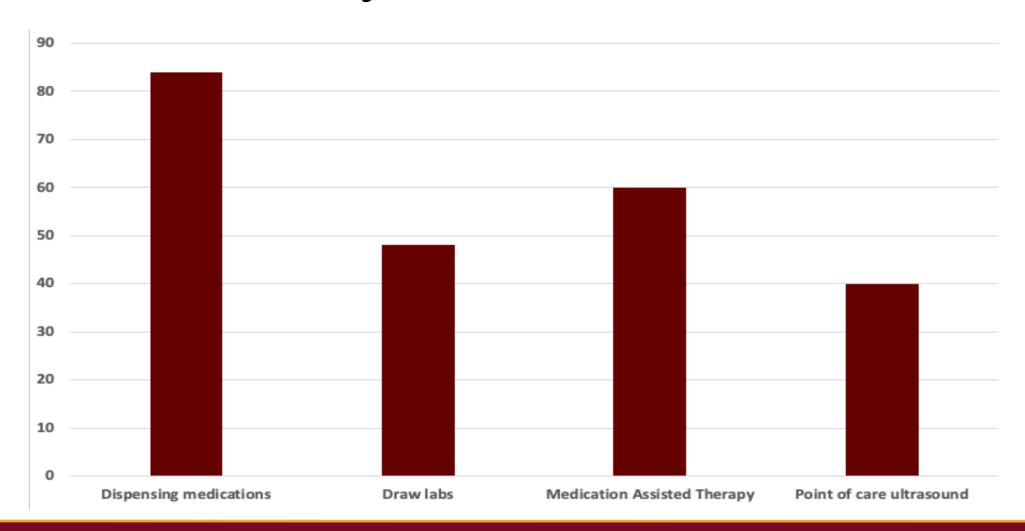




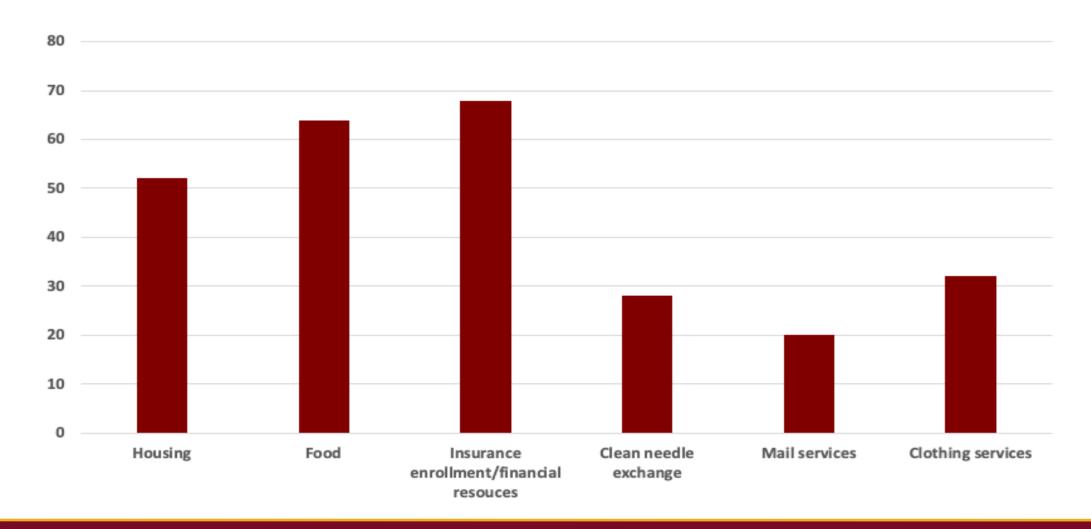
# Wide Scope of Practice



# **Robust Ancillary Services**



#### Holistic View of Health



# Street Medicine Social Teaching

- Values manifest in action with <u>practical application</u>
- Foundational Values
  - Love with Grit
  - Authentic Solidarity
- Antidote to reducing medicine to a science
- Antidote to allowing our patients to be reduced to disease, a metric, or a possession

## Love with Grit

Not emotion but act of the will

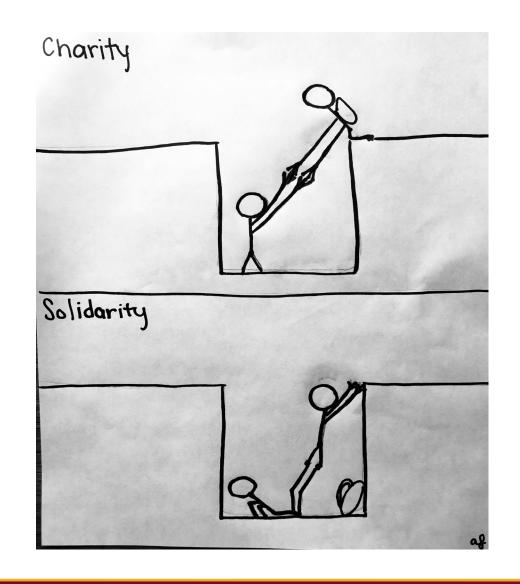
Small daily acts of sacrifice and suffering

Freedom to serve

Temptation to flee

# **Authentic Solidarity**

Sharing in suffering with love with grit



# **Solidarity Dissolvers**

- Self-love/self-righteousness (includes institutional)
  - Expertise... "Listen to me, I'm the doctor/ service provider/ CBO."

Moral Licensing... "I've cared for homeless people every day for 20 years."

Cloaked Oppressor…"No margin, no mission"

## The Culture of Possession

- Degradation of moral medicine: dehumanizing people as a commodity
  - Impact on our lives or organization
    - Metrics
    - View of efficiency
  - Managed care networks
  - Views of ROI reflects values
  - Ultimately leads to idea some lives are worth more than others

# Co-designing with the Street

- Consumer Input
  - Vote with 1 less F\*\*K-you
  - Consumer Advisory Board
  - Dialogical ways to inform program and co-design

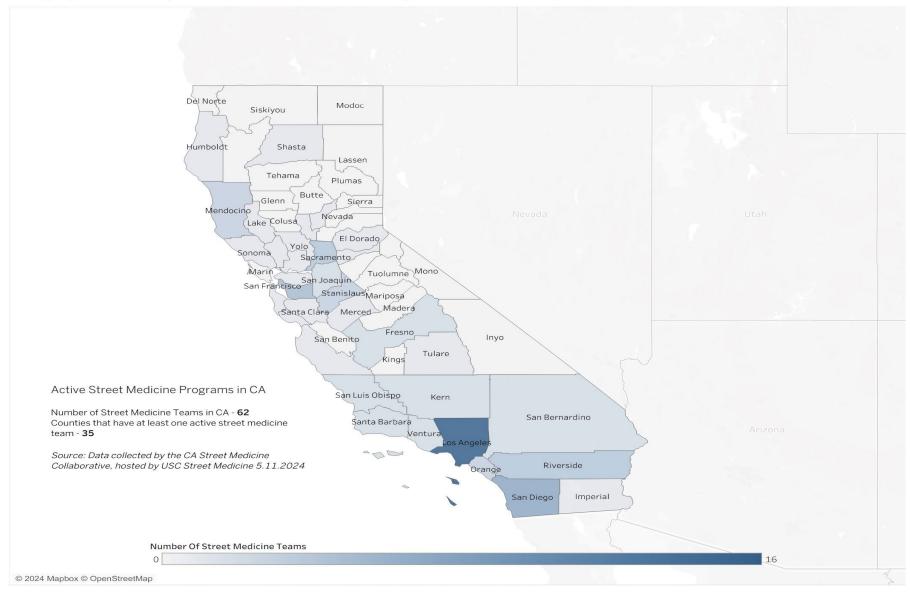
Solidarity with the streets AND with each other

#### **USC Street Medicine**





#### Geographic Heat Map of Active Street Medicine Programs in California





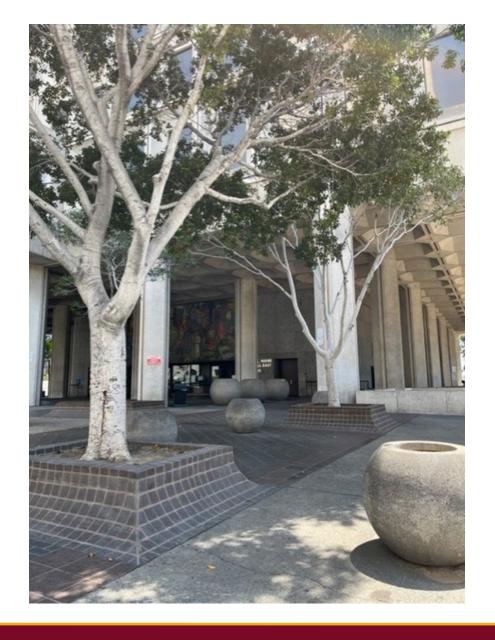
## Radical commitment to the street

Community founded on <u>mutual</u> trust

Fight retreat from the street

Fight regression into the system

Fall in love



Brett J. Feldman, MSPAS, PA-C Brett.Feldman@med.usc.edu