

Addressing Social, Healthcare and Occupational Justice for Human Trafficking Survivors

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Session Objectives

- Attendees will be able to identify the risk factors for families involved in human trafficking
- Attendees will be able to describe a trauma-informed program designed to meet the unique needs of families as survivors of human trafficking
- Attendees will be able to discuss the value added of multidisciplinary collaboration in meeting unique challenges around the social problem of human trafficking

The Homeless Health Initiative

Improving health/wellness

Volunteer engagement

CHOP Homeless Health Initiative



Homeless Health Initiative Pillars of Care



What is Occupational Therapy?

Occupational therapy is a **client-centered** health profession concerned with promoting **health and well being** through occupation. The primary goal of occupational therapy is to **enable people to participate** in the activities of everyday life.

Occupational therapists achieve this outcome by working with people and communities to enhance their ability to **engage in the occupations they want to, need to, or are expected to do**, or by modifying the occupation or the environment to better support their occupational engagement. (WFOT 2012)

Occupational Justice



Risk Factors for Human Trafficking

- Those experiencing poverty or homelessness
- Those previously exposed to any form of violence
 - Child abuse/maltreatment
 - Interpersonal violence/IPV
 - Sexual assault
 - Community and gang violence
- Those isolated from others
 - Women or men
- Those lacking stable support networks
 - Runaway and homeless youth
 - Unaccompanied minors
 - Immigrants

Why this Program?

Human Trafficking exploits a person through force, fraud, or coercion for forced labor or commercial sex. Communities that are poor, disenfranchised, and underserved are often the most vulnerable.

Safe and stable housing is a critical resource for survivors of human trafficking as they exit their trafficking situation and continue their journey towards healing. **Anti-trafficking service providers often rely on emergency housing resources such as homeless or domestic violence shelters to meet the immediate needs of survivors and to help them safely re-enter society.**

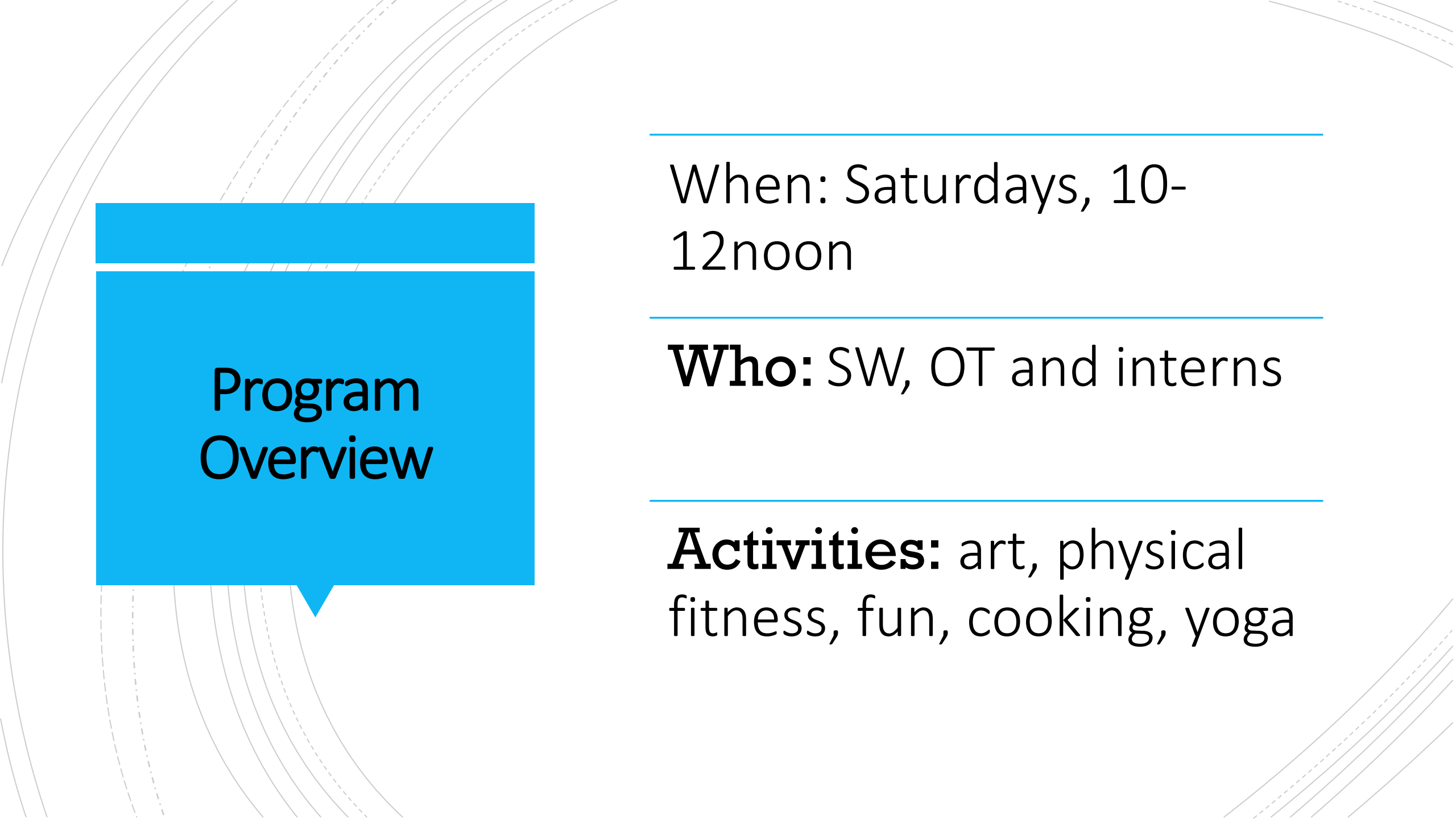
Program Goals

Decrease social
isolation;
increase social
engagement

Promote
occupational
justice

Use a client/
family centered
approach

Use a
Multidisciplinary
Trauma-
Informed
approach

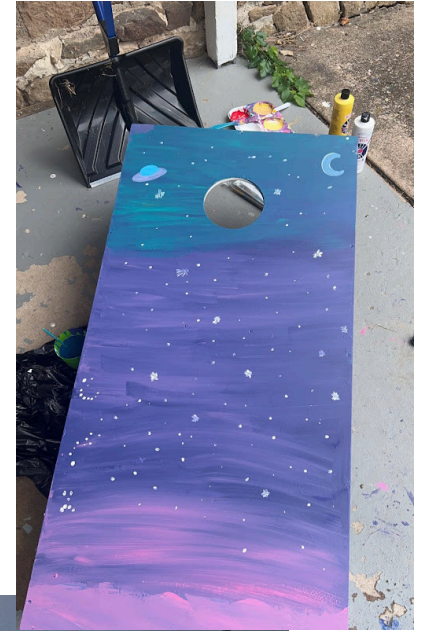




Program Overview

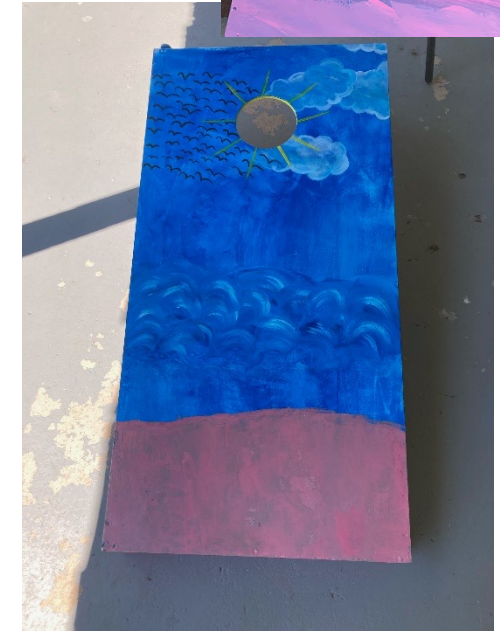
When: Saturdays, 10-12noon

Who: SW, OT and interns

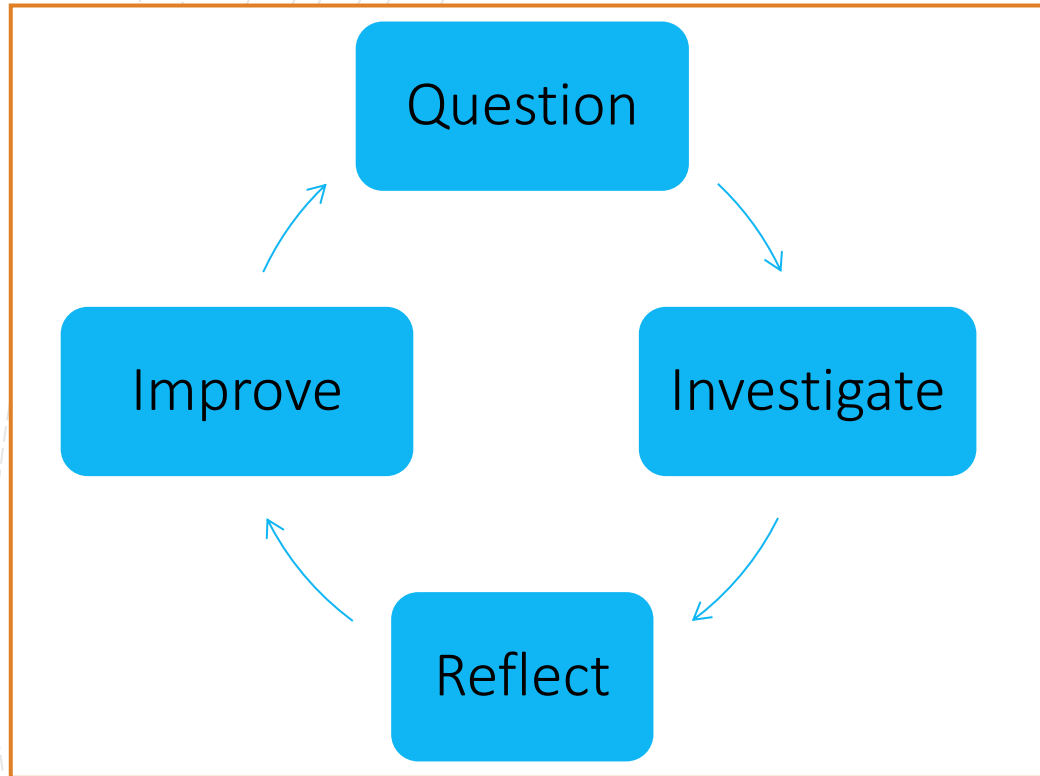
Activities: art, physical fitness, fun, cooking, yoga



Activity	Check <input checked="" type="checkbox"/>
Warm Up/Check-in 	
Paper Mache Balloons 	
Cornhole and Wiffle Ball 	



Program Feedback



Surveys

- Weekly surveys completed by program volunteers
- Surveyed families and staff separately twice

Assessment

- OT assessment of weekly goals and progress

Lessons Learned

- Trauma-informed Care approach essential

Lessons Learned and Next Steps

MICRO LEVEL:

- Future programming
 - Considerations for scheduling
 - Understanding and balancing individual vs. group needs
 - Working within the broader interdisciplinary team
 - Recognition of impact of TRAUMA on individuals

MACRO LEVEL:

- Developing connections with similar organizations
- Building a network of resources
- Broadening the knowledge base and disseminating information
- Recognition of TRAUMA on staff and systems serving those affected

OT-Based Pilot Programming for Human Trafficking Survivors: Intake Guide



<https://linktr.ee/othumantraffickingassessments>

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THANK YOU!



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