

NATIONAL
HEALTH CARE
for the
HOMELESS
COUNCIL

ADDRESSING COGNITIVE IMPAIRMENT IN MEDICAL RESPITE CARE

Respite Care Providers' Network Coffee Chat

January 30, 2020
2:00pm Eastern

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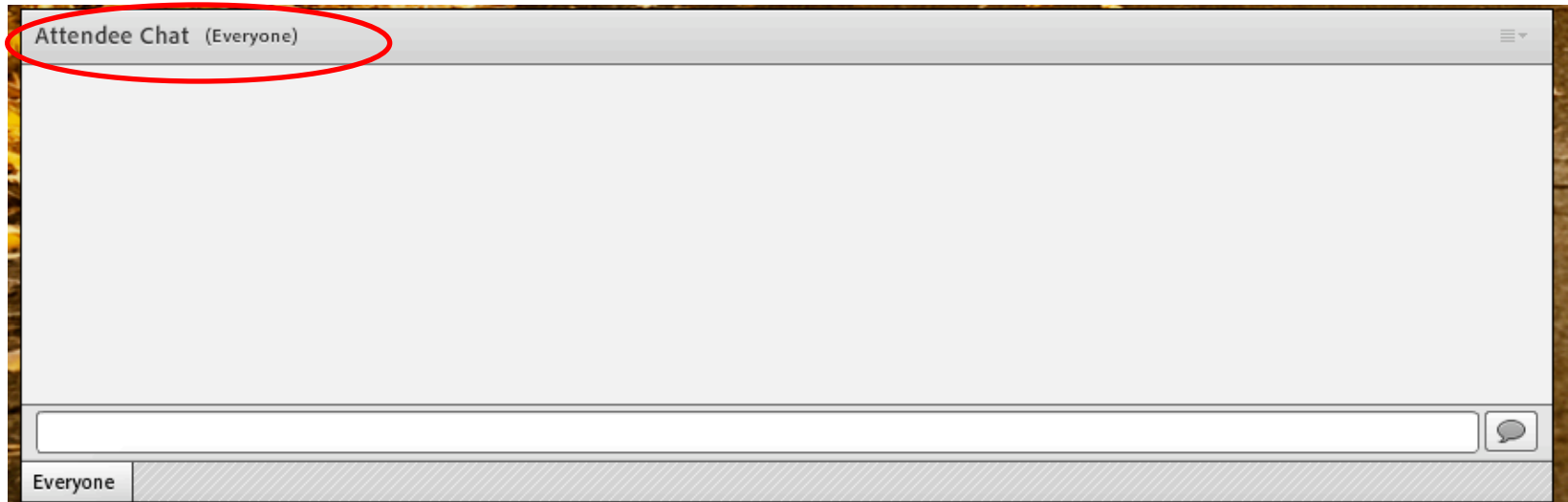
RESPIRE CARE PROVIDERS' NETWORK

The mission of the Respite Care Providers' Network is to improve the health status of individuals who are homeless by supporting programs that provide medical respite and related services.



Join the RCPN: www.nhchc.org/join

HOW TO SHARE A QUESTION OR COMMENT



POLL QUESTIONS

Tell us a little bit about yourself!

PANELISTS

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- **Mara Schneider, MS, OTR/L**
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COGNITION

Cognition: information-processing functions carried out by the brain that include attention, memory, executive functions, comprehension and formation of speech, calculation ability, visual perception, and praxis skills.

Functional Cognition: the ability to use and integrate thinking and performance skills to accomplish complex everyday activities.

AOTA, 2019

COMMON CAUSES OF COGNITIVE IMPAIRMENT

Medical

Traumatic Brain Injury

Developmental Disability

HIV

Substance use

Serious Mental Illness

Metabolic encephalopathy

Environmental

Poor nutrition

Sleep deprivation

Trauma / Stress

IMPACT OF COGNITIVE IMPAIRMENT

Common Cognitive Impairments

- Poor concentration
- Decreased attention
- Memory difficulties
- Impaired judgment
- Reduced ability to follow instructions



Impacted Health Management

- Ability to remember dosing instructions and changes
- Ability to problem solve to address changes or unexpected outcomes
- Difficulty remembering to take medication
- Difficulty sequencing multiple steps and remembering steps learned

FORMAL / STANDARDIZED SCREENING

Montreal Cognitive Assessment MoCA

Assesses: Short term memory, Visuospatial abilities, Executive functions, Attention, concentration and working memory, Language, Orientation to time and place

Available after paying for online training

Training offered online.
Can be used by: SW, RN, PCPs, OT, etc

St. Louis Mental Status Exam SLUMS

To screen individuals to look for the presence of cognitive deficits, and to identify changes in cognition over time.

Available for free

Online trainings offered.
Can be used by: SW, RN, PCPs, OT, etc

Mini-Mental Status Exam MMSE

Designed to assess dementia and delirium, not focal impairments or TBI. Less sensitive to mild but potentially significant impairment.

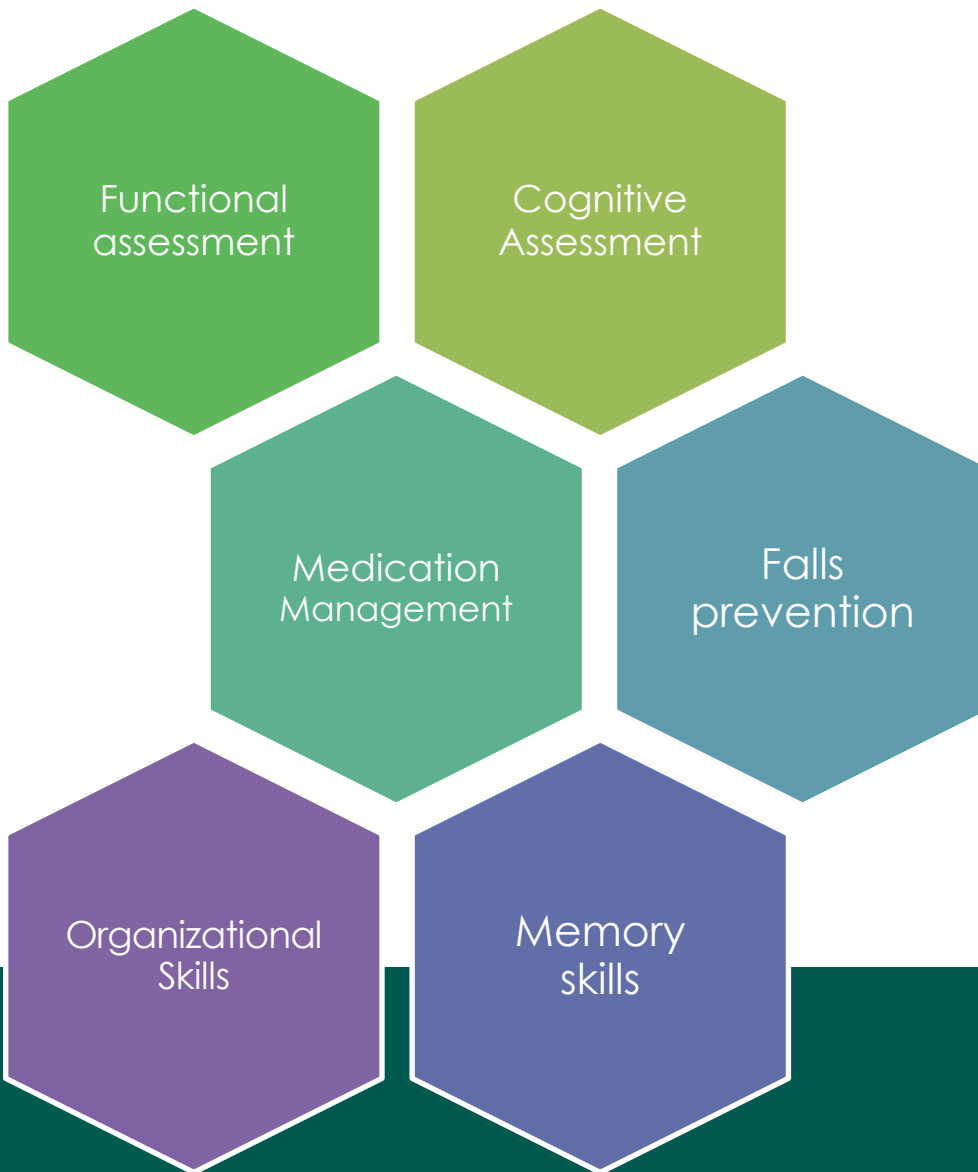
Available for free

Can be used by any trained provider

OT AT HEALTH CARE FOR THE HOMELESS



OCCUPATIONAL THERAPY IN RESPITE CARE



DISCLAIMER

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THANK YOU

Need additional technical assistance?

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Upcoming Trainings

- 2020 National HCH Conference & Policy Symposium, May 2020
- 2nd RCPN Coffee Chat: Responding to ADL Challenges in Medical Respite Care, June 2020