ADDRESSING COGNITIVE IMPAIRMENT IN MEDICAL RESPITE CARE

Respite Care Providers’ Network Coffee Chat

January 30, 2020
2:00pm Eastern
The mission of the Respite Care Providers’ Network is to improve the health status of individuals who are homeless by supporting programs that provide medical respite and related services.

Join the RCPN: [www.nhchc.org/join](http://www.nhchc.org/join)
HOW TO SHARE A QUESTION OR COMMENT
Tell us a little bit about yourself!
PANELISTS

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Cognition: information-processing functions carried out by the brain that include attention, memory, executive functions, comprehension and formation of speech, calculation ability, visual perception, and praxis skills.

Functional Cognition: the ability to use and integrate thinking and performance skills to accomplish complex everyday activities.

AOTA, 2019
COMMON CAUSES OF COGNITIVE IMPAIRMENT

**Medical**
- Traumatic Brain Injury
- Developmental Disability
- HIV
- Substance use
- Serious Mental Illness
- Metabolic encephalopathy

**Environmental**
- Poor nutrition
- Sleep deprivation
- Trauma / Stress
Common Cognitive Impairments

- Poor concentration
- Decreased attention
- Memory difficulties
- Impaired judgment
- Reduced ability to follow instructions

Impacted Health Management

- Ability to remember dosing instructions and changes
- Ability to problem solve to address changes or unexpected outcomes
- Difficulty remembering to take medication
- Difficulty sequencing multiple steps and remembering steps learned
Montreal Cognitive Assessment (MoCA)

- Assesses: Short term memory, Visuospatial abilities, Executive functions, Attention, concentration and working memory, Language, Orientation to time and place
- Available after paying for online training
- Training offered online. Can be used by: SW, RN, PCPs, OT, etc

St. Louis Mental Status Exam (SLUMS)

- To screen individuals to look for the presence of cognitive deficits, and to identify changes in cognition over time.
- Available for free
- Online trainings offered. Can be used by: SW, RN, PCPs, OT, etc

Mini-Mental Status Exam (MMSE)

- Designed to assess dementia and delirium, not focal impairments or TBI. Less sensitive to mild but potentially significant impairment.
- Available for free
- Can be used by any trained provider
OT AT HEALTH CARE FOR THE HOMELESS

- Functional Assessment
- Cognitive Screening
- Client Interview
- Intervention
- Home Safety Assessment
- Consultation
OCCUPATIONAL THERAPY IN RESPITE CARE

- Functional assessment
- Cognitive assessment
- Medication Management
- Falls prevention
- Organizational Skills
- Memory skills
DISCLAIMER

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THANK YOU

Need additional technical assistance?
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Upcoming Trainings
• 2020 National HCH Conference & Policy Symposium, May 2020
• 2nd RCPN Coffee Chat: Responding to ADL Challenges in Medical Respite Care, June 2020