



Welcome!

**NHCHC & Coldspring Center
Trauma Webinar Series**

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Welcome!

NHCHC & Coldspring Center Trauma Webinar Series

GOALS



Overview of the Series

1. Being Trauma Informed and Its Role in Ending Homelessness - October 13
- The role of trauma-informed care in ending homelessness
- Overview of the field of trauma-informed care and its role in ending homelessness, and other issues (October 13)
- (B) in the field of trauma-informed care and its role in ending homelessness
 2. Trauma is the Public Health Issue of Our Time - October 20
 3. The Impact of Adverse Childhood Experiences and Trauma - October 27
 4. Hope, Transformation, and Post-Traumatic Growth - November 3
- All start at 3pm EST

GOALS!

1. Understand the impact of trauma & neurobiology research on our understanding of homelessness
2. Utilize knowledge to address the biopsychosocial needs of those experiencing homelessness
3. Use expertise to address societal issues responsible for the homeless crisis

Overview of the Series

1. Being Trauma Informed and Its Role in Ending Homelessness

- Define trauma informed and why it is important
- Conceptualize how the trauma informed movement can be utilized in our fight to end homelessness and other issues facing our patients
- Utilize foundational information on trauma as a lens to look at program development and advocacy work

2. Trauma is the Public Health Issues of Our Time - October 13

3. The Abyss: Addiction, Homelessness, and Trauma - October 26

4. Hope, Transformation, and Post-Traumatic Growth - November 2

All start at 3 pm EST

The Stories we Tell...

and how they are told

The Main Characters

- Them (Patients/Clients)
- Us (Helpers)

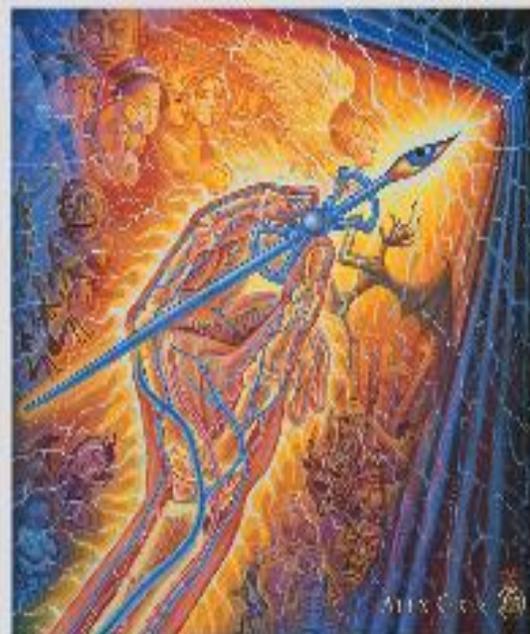
The Plot...a story about:

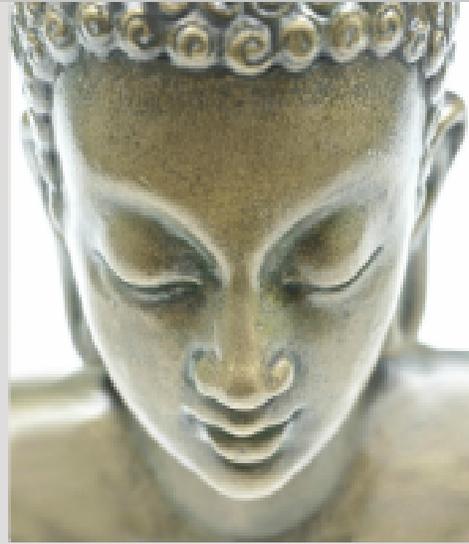
- Pain, suffering, and the abyss
- Hope, transformation, change, and post-traumatic growth

The delivery

- A nerd overtaken by passion for his subject!
- Structure: 60 minutes me, 30 minutes you!!

The future...what is your role?





"When I was a novice, I could not understand why, if the world is filled with suffering, the Buddha has such a beautiful smile. Why isn't he disturbed by all the suffering? Later I discovered that the Buddha has enough understanding, calm, and strength; that is why the suffering does not overwhelm him. He is able to smile to suffering because he knows how to take care of it and to help transform it. We need to be aware of the suffering, but retain our clarity, calmness, and strength so we can help transform the situation. The ocean of tears cannot drown us if karuna (compassion) is there. That is why the Buddha's smile is possible."
- Thich Nhat Hanh

Ending Homelessness: The Loss (& Reclaiming) of the American Dream

"The belief that anyone, regardless of where they were born or what class they were born into, can attain their own version of success in a society where upward mobility is possible for everyone. The American dream is achieved through sacrifice, risk-taking and hard work, **not by chance.**" -Investopedia



The Environment & Relationships

Conception



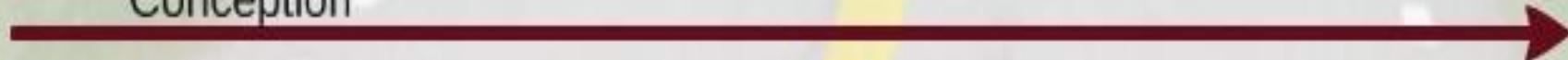
Intervention?

Social Potential

Academic Potential

Economic Potential

Relational Potential



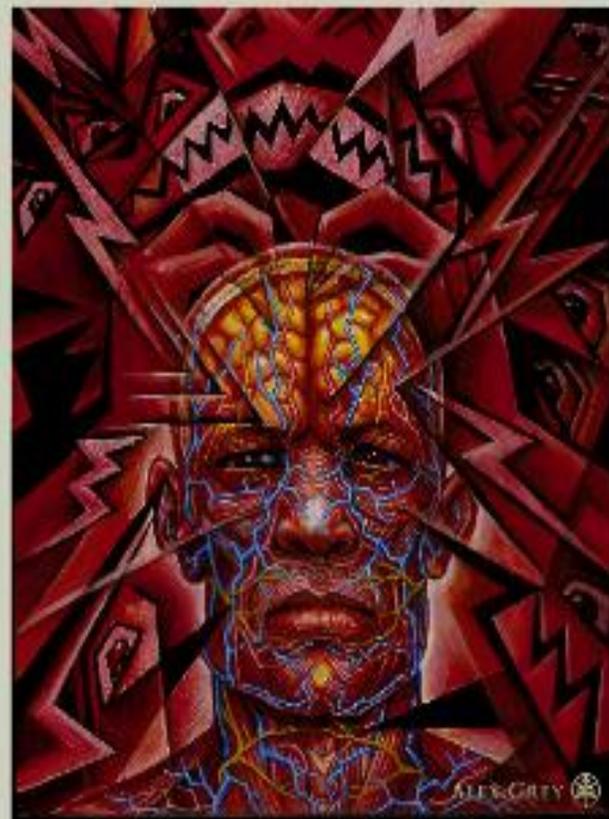
The Environment & Relationships

Traumatic Event

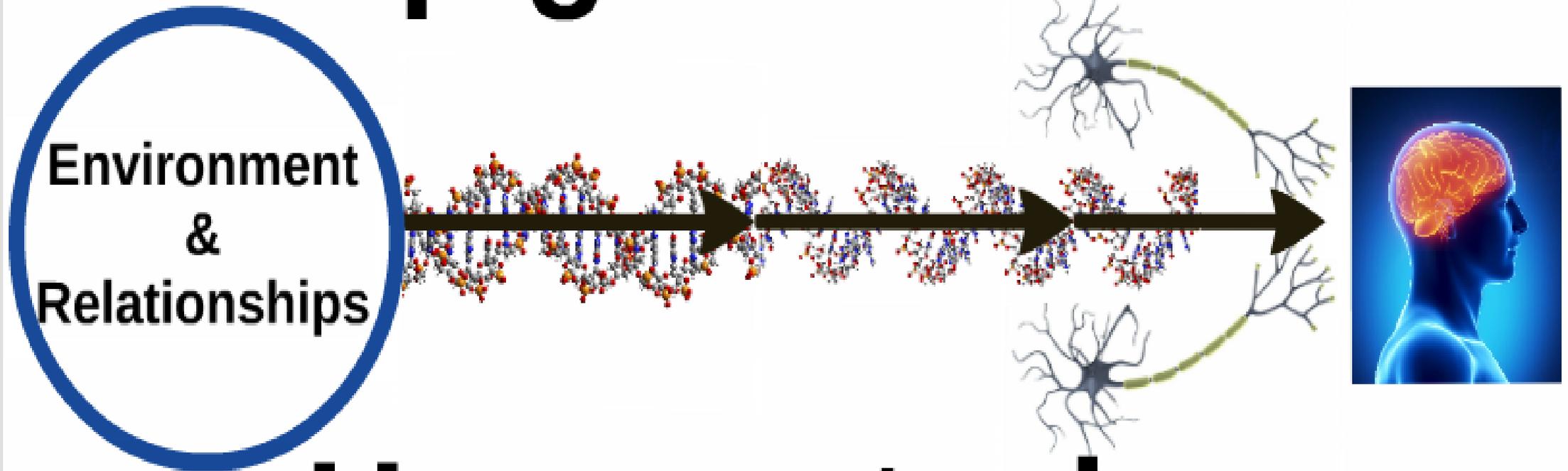
Trauma – Intense stress that overwhelms our biological, psychological, and social capacity resulting in an existence dominated by the trauma

Passive Trauma – Being continuously overwhelmed by the trauma due to a lack of support needed to regain control

Complex Trauma – Repeated systematic trauma that occurs over time



Epigenetics



Homeostasis

“The tendency towards a relatively stable equilibrium between interdependent elements, especially as maintained by physiological processes.” - Google Dictionary

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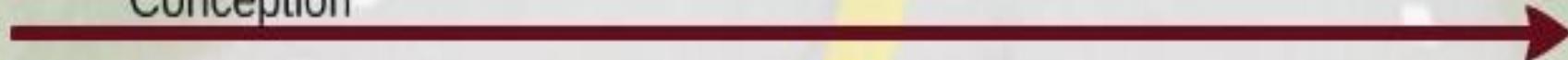
Intervention?

Social Potential

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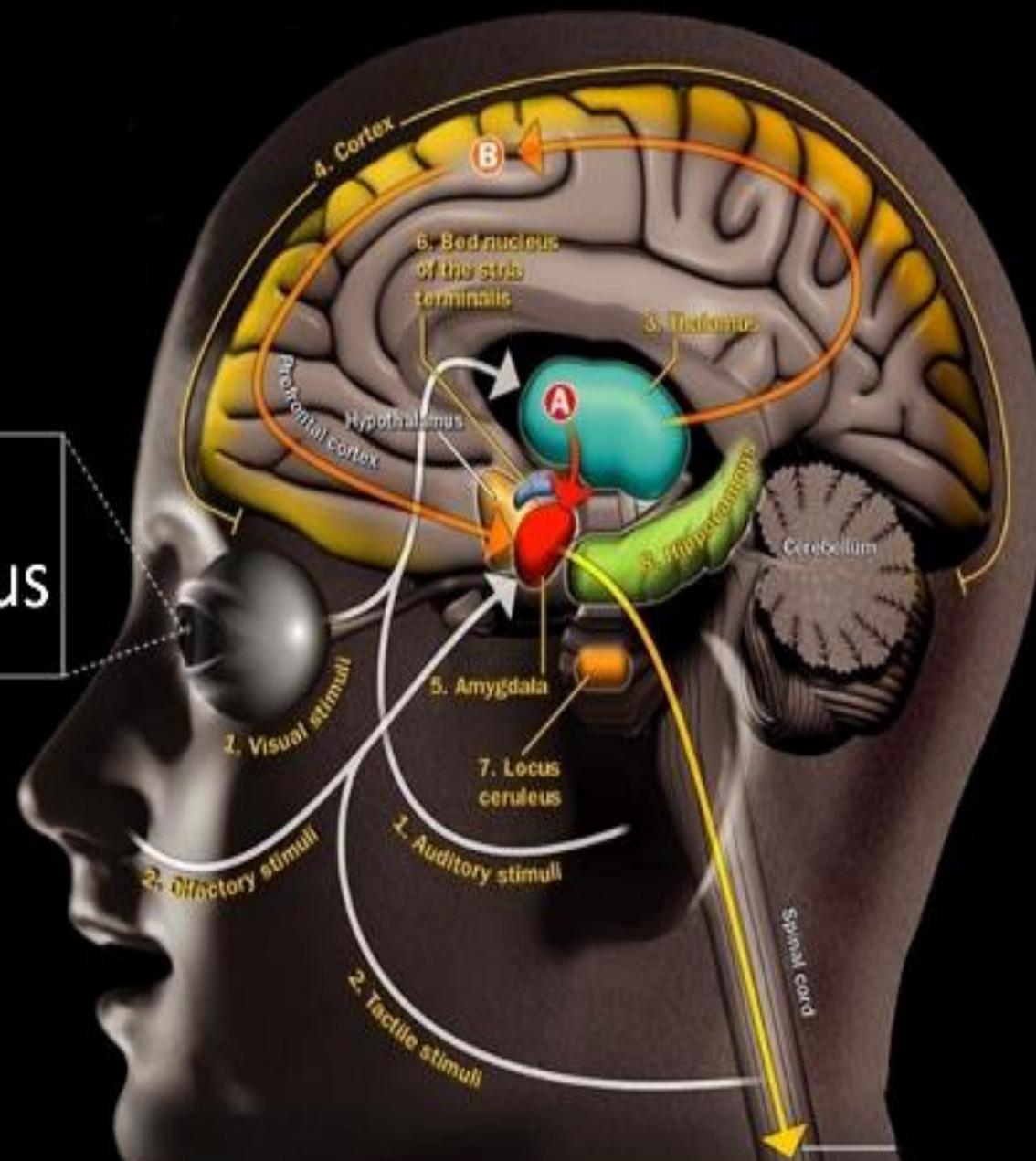
Economic Potential

Relational Potential





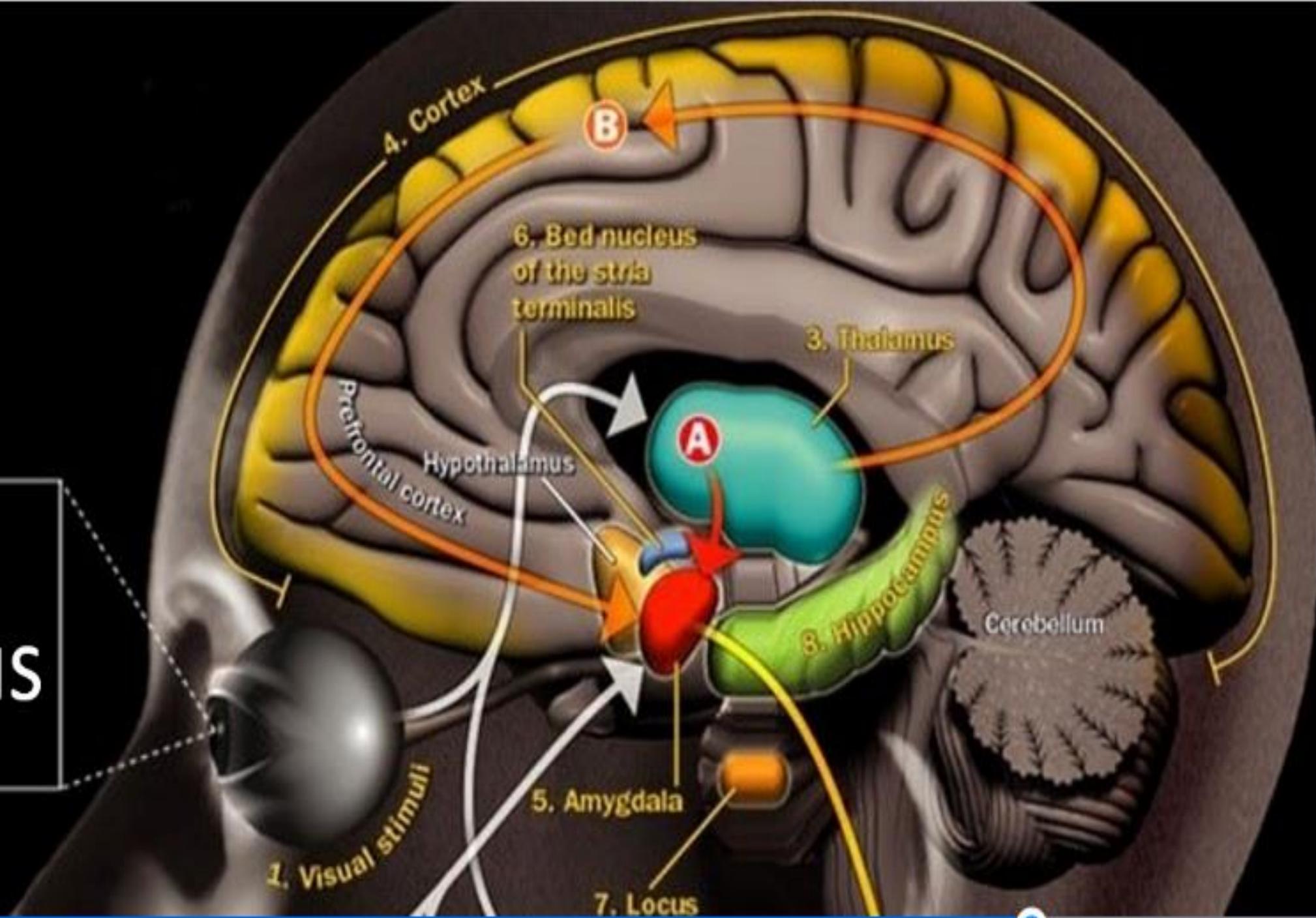
Stimulus



Adapted from Time Magazine Article by Joe Letola and Alice Park

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Conception



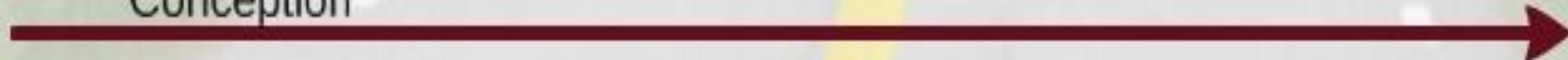
Intervention?

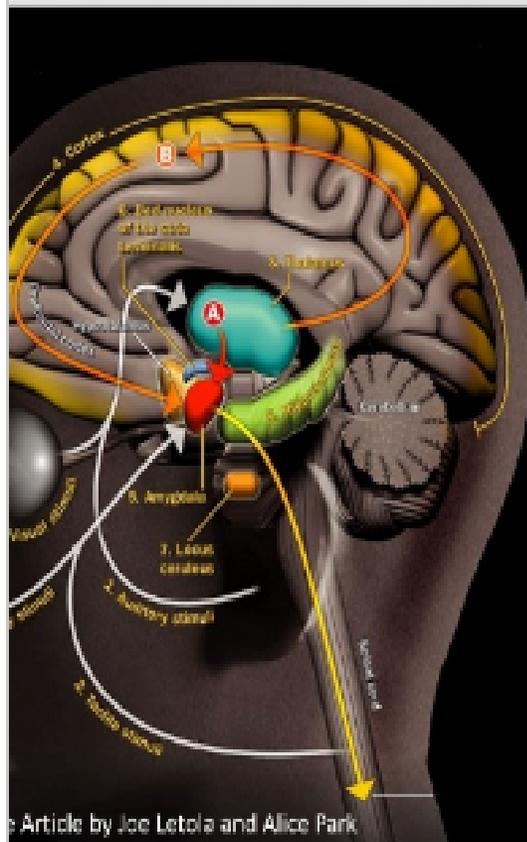
Social Potential

Academic Potential

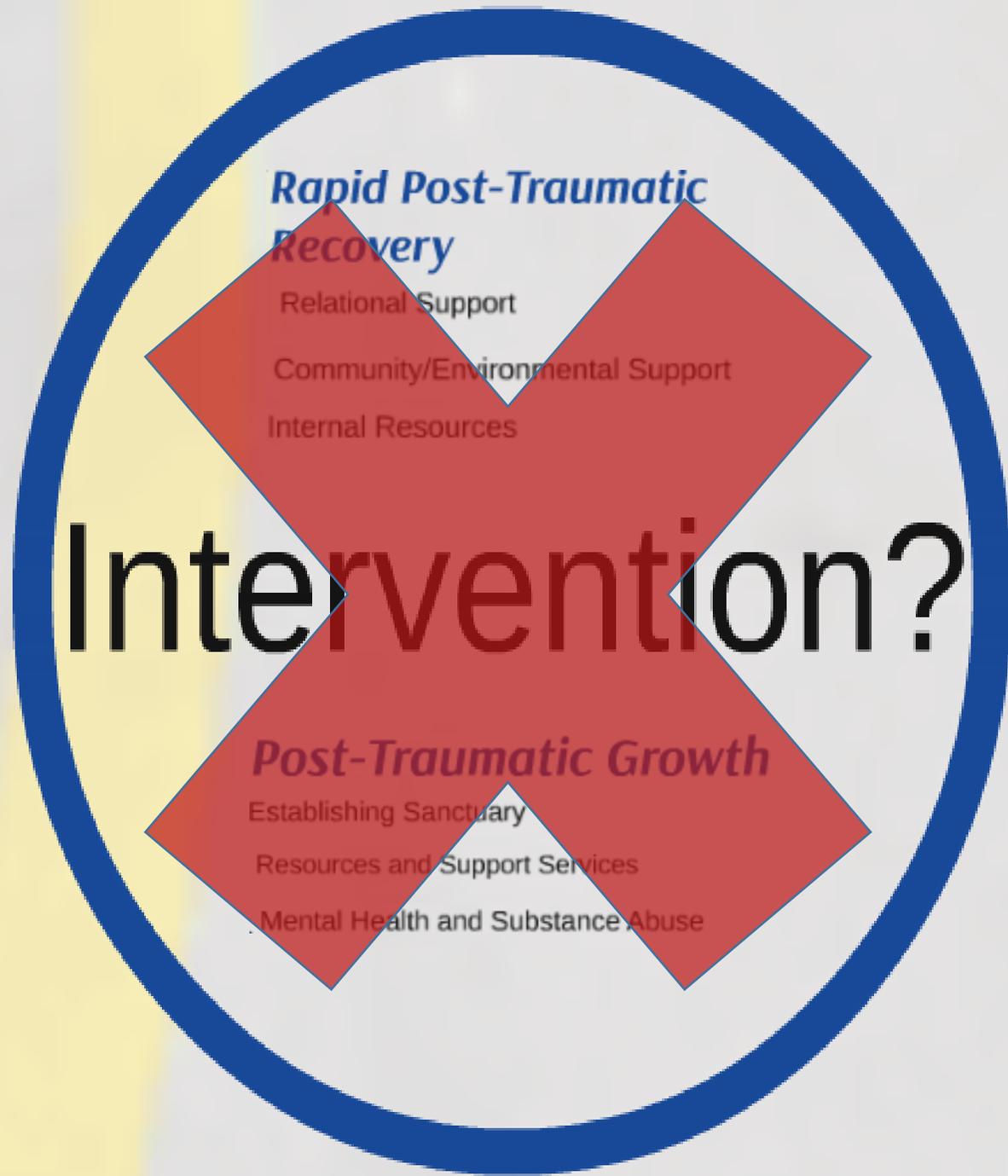
Economic Potential

Relational Potential





Article by Joe Letola and Alice Park



Acad

Econ

Ending Homelessness: The Loss (& Reclaiming) of the American Dream

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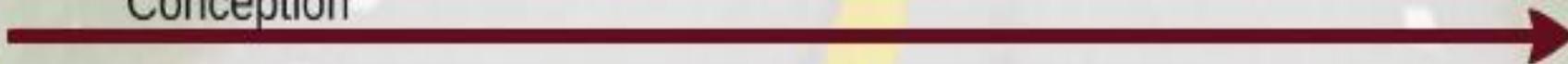


Social Potential

Academic Potential

Economic Potential

Relational Potential



Stopping the Pipeline

Current lack of knowledge is allowing systems and policies based on false assumptions to continue...and get worse

Matt's Vision for a merge between education and public health

- Schools are ideally positioned partners
- Medical issues often leading indicators of trauma
- Helping schools become medical homes
- Schools as referral hubs

We are IDEALLY positioned as community change leaders

- Breaking generational cycles
- Multi-disciplinary advocacy
- Personal opportunities for personal/professional advocacy
- Scientific, economic, and moral justification

Trauma is the Public Health Issue of Our Time

- State how trauma is driving a great many issues impacting public health
- Utilize science to better conceptualize the root cause of many patients' presenting health and social challenges
- Utilize knowledge presented to position services in a way that minimizes re-traumatization

See you at 3pm on the 13th

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Overview of the Series

1. Being Trauma Informed and Its Role in Reducing Homelessness
– Define trauma informed and why it is important
– Conceptualize how the trauma informed movements can be utilized in our field, in our homelessness, and other key areas being our patients
– Utilize foundational information on trauma as a lens to look at program development and advocacy work
 2. Trauma is the Public Health Issue of Our Time - October 13
 3. The Abuse, Addiction, Homelessness, and Trauma - October 20
 4. Hope, Trauma Informed, and Post-Traumatic Growth - November 2
- All total of 2 per 657

**Ending Homelessness: The 100,000
Recovery of the American Dream**

Prevalence of trauma, especially in the last 10 years, has led to a rise in homelessness, especially among people with mental health conditions. This webinar provides an overview of the current state of homelessness, the role of trauma, and the importance of trauma-informed care.



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