



Welcome

Coffee Chat: Reproductive Health

April 25, 2017

We will begin promptly at 12:00 p.m. EDT.

Event Host
National Health
Care for the
Homeless Council



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Health Care and Housing are Human Rights





Speaker



Ginny Ryan, MD, MA

- Associate Professor of Obstetrics and Gynecology (Reproductive Endocrinology and Infertility)
- Affiliate Faculty, Program in Bioethics and Humanities
- Core Investigator, Center for Comprehensive Access and Delivery Research and Evaluation, Iowa City VA

University of Iowa



Overview

- Getting to know the audience
- Learning Objectives
- Case Study #1 and discussion
- Case Study #2 and discussion
- NHCHC resources
- ACOG Committee on Health Care for Underserved Women resources
- Other resources



Audience Professional Positions





Audience Work Environment





Audience Age





Learning Objectives

- Engage in discussion of unique and universal reproductive health needs for homeless women
- Identify personal biases and blinders that may hinder optimal care for homeless women
- Consider the ethical undergirding for these issues and best practices
- Develop strategies to provide evidence-based patient-centered reproductive health care



Case Study #1

Chief Complaint: 27-year-old G2P0, with a history of using condoms and oral contraceptives, presents for a well woman exam as part of her residential recovery program.

Social History: A rural town HS graduate, she has a history of sexual and physical abuse in her childhood and moved to a large city to become a dancer. She began using alcohol and cocaine as "coping" mechanism which gradually moved into smoking crack cocaine. She recently began using heroin. Her addiction led to becoming homeless. At this visit she is 30 days clean for the first time since she was 18 and is stable in residential treatment.

Medical history: Her PMH is significant for Pelvic Inflammatory Disease. She has had two therapeutic abortions. She has been diagnosed with Post Traumatic Stress Disorder resulting from her history of abuse. She currently participates in a trauma informed women's recovery group where she received counseling for PTSD.

- What are your biggest concerns?
- What questions should be asked?



Keys to Reproductive Health Care for Homeless Women

- ACCESSIBLE (location, cost...)
- Non-judgmental
- Consistent
- Multi-disciplinary
- Client / Patient-focused
- Evidence-based
- Persistent
- Creative
- Others?



Case Study #2



A VA researcher is designing a study of infertility and family building preferences and practices of United States Veterans and would like to survey a representative sample of US Vets under the age of 45.

The easiest way to do this is to request a random sample of Veterans listed in VADIR and recruit and interview these Veterans by letter and phone.

- How representative will this sample be? Is that important?
- What might be a better way to accurately assess the Veteran population?



Keys to Health Services Research on Homeless Women

- Inclusive
- “Scientifically / medically complex” vs. “vulnerable”
- Multidisciplinary
- Participant-focused
- Consider: participatory action research (PAR)
- Others?



Resources

- NHCHC Reproductive Health web page (also attached)

<https://www.nhchc.org/resources/clinical/diseases-and-conditions/reproductive-health/>

- American Congress of Obstetricians and Gynecologists Resources and Publications – Committee Opinions

<http://www.acog.org/Resources-And-Publications/Committee-Opinions-List>

- WHO Medical Eligibility Criteria for Contraceptive Use (5th ed., 2015)

http://www.who.int/reproductivehealth/publications/family_planning/Ex-Summ-MEC-5/en/

- “Out on the Street: A Public Health and Policy Agenda for Lesbian, Gay, Bisexual, and Transgender Youth Who are Homeless” (also attached)

<http://psycnet.apa.org/journals/ort/84/1/66.pdf>



Resources

- ACOG Committee on Health Care for Underserved Women
 - #308: The Uninsured (PMID 15572517)
 - #437: Community Involvement and Volunteerism (PMID 19546799)
 - #493: Cultural Sensitivity and Awareness in the Delivery of Health Care (PMID 21508787)
 - #516: Health Care Systems for Underserved Women (Obstetrics and Gynecology, January 2012)
 - #525: Health Care for Lesbians and Bisexual Women (PMID 22525932)
 - #592: Sexual Assault (PMID 24785635)



Questions and Answers



Ginny Ryan, MD, MA

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